

# **CITY OF MOORE**

## **Job Description**

### **Fitness Center Attendant**

**Job Code:** 6622  
**Exempt:** No  
**Department:** Parks & Recreation  
**Reports To:** Aquatics and Fitness Coordinator  
**Location:** Aquatics and Fitness Center  
**Date Prepared:** January 15, 2016  
**Date Revised:** October 9, 2017

#### **GENERAL DESCRIPTION OF POSITION**

Responsible for monitoring the weight room and other fitness activities for cleanliness, safe practices and proper procedures. Assist customers with basic usage of fitness equipment. Will assist with classes, special events, and attend workshops/training seminars.

#### **ESSENTIAL DUTIES AND RESPONSIBILITIES**

1. Monitor use of weight and cardio equipment. This duty is performed daily, about 50% of the time.
2. Setup adult and youth health and wellness programs, fitness classes, camps, fitness assessments, personal training and special fitness events as assigned by Aquatics & Fitness Coordinator. This duty is performed as needed, about 10% of the time.
3. Promote and monitor the cleaning of weight room and cardio equipment. This duty is performed daily, about 5% of the time.
4. Ensure weight room etiquette and safety is followed at all times. This duty is performed daily, about 20% of the time.
5. Assist Aquatics and Fitness Coordinator in improvements to all fitness areas and equipment. This duty is performed as needed, about 10% of the time.
6. Report any damage to equipment or fitness rooms to Aquatics and Fitness Coordinator. This duty is performed as needed.
7. Promote other recreation activities, classes, camps, programs, leagues, and special events. This duty is performed daily.
8. Good attendance and punctuality is required. This duty is performed daily.
9. Works in a manner safe to the individual and other people; keeps work area clean and safe; follows safety rules and safe work practices; uses safety equipment as required. This duty is performed daily.
10. Assist in operations at The Station. This duty is performed as needed.

11. Confidentiality is required upon specific notification to the employee. This duty is performed daily.
12. Perform any other related duties as required or assigned.

## **INITIATIVE AND INGENUITY**

### **SUPERVISION RECEIVED**

Under general supervision where standard practice enables the employee to proceed alone on routine work, referring all questionable cases to supervisor.

### **PLANNING**

Limited responsibility with regard to general assignments in planning time, method, manner, and/or sequence of performance of own work operations.

### **DECISION MAKING**

Performs work operations which permit frequent opportunity for decision-making of minor importance and which would not only affect the operating efficiency of the individual involved, but would also affect the work operations of other employees and/or clientele to a slight degree.

### **MENTAL DEMAND**

Moderate mental demand. Operations requiring almost continuous attention, but work is sufficiently repetitive that a habit cycle is formed; operations requiring intermittent directed thinking to determine or select materials, equipment or operations where variable sequences may be selected by the employee.

### **ANALYTICAL ABILITY / PROBLEM SOLVING**

Moderately repetitive. Activities with slight variation using a definite set of processes or directions with some degree of supervision. Choice of learned things in situations which conform to clearly established patterns and modes.

## **SUPERVISORY RESPONSIBILITIES**

No supervision.

## **RESPONSIBILITY FOR FUNDS, PROPERTY and EQUIPMENT**

Occasionally responsible for organization's property where carelessness, error, or misappropriation would result in moderate damage or moderate monetary loss to the organization. The total value for the above would range from \$5,000 to \$150,000.

## **ACCURACY**

Probable errors of internal and external scope would have a moderate effect on the operational efficiency of the organizational component concerned. Errors might possibly go undetected for a considerable

period of time, thereby creating an inaccurate picture of an existing situation. Could cause further errors, losses, or embarrassment to the organization. The possibility for error is always present due to requirements of the job.

## **ACCOUNTABILITY**

### **FREEDOM TO ACT**

Standardized. Accepted processes covered by well-defined standardized policies and procedures with supervisory review.

### **ANNUAL MONETARY IMPACT**

None. Job does not create any dollar monetary impact for the organization.

### **IMPACT ON END RESULTS**

Minimal impact. Job has little or no impact on the organization's end results. Job is focused on non-decision making activities or inconsequential duties.

## **PUBLIC CONTACT**

Regular contacts with patrons, either within the office or in the field. May also involve occasional self-initiated contacts to patrons. Lack of tact and judgment may result in a limited type of problem for the organization.

## **EMPLOYEE CONTACT**

Contacts occasionally with others beyond immediate associates, but generally of a routine nature. May obtain, present or discuss data, but only as pertains to an immediate and specific assignment. No responsibility for obtaining cooperation or approval of action or decision.

## **USE OF MACHINES, EQUIPMENT AND/OR COMPUTERS**

Regular use of complex machines and equipment (desktop/laptop computer and software, road and production machines and equipment, driver's license/cdl, etc.)

## **ADDITIONAL INFORMATION**

Knowledge of:

- Communicating with many different types of people and personalities
- Methods and techniques of organizing and entering data into databases or computer software programs and filing critical paperwork
- Proper customer service skills
- State codes and regulations of health and safety practices in operating public facilities
- Pertinent, federal, state and local laws, codes and regulations

Ability to:

- A positive attitude, passion for fitness, and enthusiasm is required
- Concentrate and pay close attention to detail
- Make effective decisions concerning safety and maintenance
- Work well as a team member and independently
- Interpret and apply applicable federal, state and local policies, laws and regulations
- Communicate clearly and concisely, both orally and in writing
- Have the ability to follow verbal and written instruction
- Establish and maintain effective, working relationships with the customers and employees
- Maintain effective audio-visual discernment and perception needed for: making observations, communicating with others, reading and writing, operating assigned equipment
- Maintain physical condition appropriate to the performance of assigned duties and responsibilities which may include the following: sitting or standing for extended periods of time, operating assigned equipment
- Work flexible hours, including weekends, evenings, holidays, and special events

### **Experience and Training Guidelines**

Experience and training that would provide the required knowledge and abilities is as follows:

Experience:

Experience with PC based applications including Word, Excel and internet browsers preferred.

Experience in fitness class instruction (preferred).

Knowledge of weight/cardio equipment and basic exercise principles.

Education:

High school diploma or enrolled in high school

Knowledge Kinesiology, Health Science or a related field of experience preferred

License or Certificate:

CPR, First Aid, and AED certification preferred

Will be required to obtain CPR, First Aid, and AED certificate within 30 days of hire.

Possession of, or ability to obtain, valid Oklahoma driver's license may be required

At the option of the appointing authority or the City, persons hired into this class may be required to either possess at entry or obtain within specified time limits designated licenses, certifications or specialized education and training relevant to the area of assignment.

### **WORKING CONDITIONS**

Periodically exposed to such elements as noise, intermittent standing, walking, occasionally pushing, carrying, or lifting; but none are present to the extent of being disagreeable.

### Environmental Conditions:

While performing the functions of this job, the employee is occasionally exposed to outdoor weather conditions. The noise level in the work environment is usually moderate.

- Office/outdoor park environment; exposure to computer screens; work with others and alone; frequent contact with the public.
- Performs work approximately 25% outdoors and exposed to temperature extremes, dirt, dust, noise, etc., and 75% in office/ fitness room environment.

### Physical Conditions

Highly physical and highly repetitive type work which requires the concentrated and non-diversified physical demands of the employee.

While performing the functions of this job, the employee is regularly required to use hands to finger, handle, or feel, talk or hear; frequently required to stand, walk, reach with hands and arms, stoop, kneel, crouch, or crawl; and occasionally required to sit, climb or balance. The employee must occasionally lift and/or move up to 100 pounds; frequently lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision; distance vision; color vision; peripheral vision; depth perception; and ability to adjust focus; may be required to operate assigned vehicle.

Must be able to perform essential job functions.

Employee must lift items such as supply boxes. Requires vertically/ horizontally transferring items weighing up to 100 pounds.

Employee must tolerate sitting at a workstation for periods of time. Requires a tolerance of seated posture for prolonged periods of time.

Employee must operate keyboard. Requires use of hands and fingers for inputting information into computer system.

Employee must view computer screen. Requires use of eyes to read computer screen continuously throughout the day.

Employee works in a City building at a workstation. Employee must tolerate working environment with inside controlled temperature.

Employee must carry supplies from one location to another. Requires horizontally transferring items weighing up to 50 pounds.

Work requires continued walking, stooping, standing and some climbing.