

# 2021 GROUP SWIM LESSONS

## GROUP SWIM LESSONS

### PARENT AND CHILD

**Ages:** 6 months - 3 years | maximum 8 swimmers per class

Parent guided swim lessons to help children feel comfortable, have fun, learn to ask for permission before entering the water, and how to enter and exit the water in a safe manner. Swimmers will explore submerging the mouth, nose, eyes, and gain experience wearing a U.S. Coast Guard-approved life jacket.

### PRESCHOOL

**Ages:** 3 years – 5 years | maximum 6 swimmers per class

**Preschool:** Beginner-level class. Students will be introduced to basic water skills, water acclimation, safety skills and rules.

### YOUTH

**Ages:** 6 years – 14 years

**Level 1:** Introduction to Water Skills: Students will learn how to feel comfortable in the water and safely enjoy it.

**Level 2:** Fundamentals of Aquatic Skills: Children will learn basic swimming skills.

**Level 3:** Stroke Development: Additional guided practice will help students improve their skills.

**Level 4:** Stroke Improvement: Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills.

**FEES:** \$40 per student per session

**REGISTRATION BEGINS:** Monday, March 1

**REGISTRATION ENDS:** You may register until 3 days prior to the start of the class.

**REGISTRATION:** [www.cityofmoore.com/fun](http://www.cityofmoore.com/fun) or in person at The Station Recreation Center

*A minimum of 3 participants is required. We reserve the right to cancel or combine levels to adjust for class size.*

*A parent/guardian 18+ must stay in the Aquatic Facility during the duration of the lesson.*

*All Swim Lessons will be held at The Station Aquatic Center, 700 S. Broadway Ave., Moore.*

For more information call Moore Parks & Recreation at **(405) 793-5090**  
or visit us online at [cityofmoore.com/departments/parks-recreation](http://cityofmoore.com/departments/parks-recreation)





# WEEKDAY SESSIONS

Monday–Thursday | 2 weeks (8 classes)

## SESSION 1: May 31–June 10

Level	Times (A.M.)
Parent and Child .....	9:40/10:20/11:00
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20
Level 3.....	9:00
Level 4.....	11:00

## SESSION 4: July 12–22

Level	Times (A.M.)
Parent and Child .....	9:40/10:20/11:00
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20
Level 3.....	9:00
Level 4.....	11:00

## SESSION 2: June 14–24

Level	Times (A.M.)
Parent and Child .....	9:40/10:20/11:00
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20
Level 3.....	9:00
Level 4.....	11:00

## SESSION 5: July 26–August 5

Level	Times (A.M.)
Parent and Child .....	9:40/10:20/11:00
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20
Level 3.....	9:00
Level 4.....	11:00

## SESSION 3: June 28–July 8

Level	Times (A.M.)
Parent and Child .....	9:40/10:20/11:00
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20
Level 3.....	9:00
Level 4.....	11:00

# WEEKEND SESSIONS

Saturday–Sunday | 4 weekends (8 classes)

## JUNE SESSION: June 5–27

Level	Times (A.M.)
Parent and Child .....	9:40/10:20
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20/11:00
Level 3.....	11:00
Level 4.....	9:00

## JULY SESSION: July 3–25

Level	Times (A.M.)
Parent and Child .....	9:40/10:20
Preschool.....	9:00/9:40/10:20/11:00
Level 1.....	9:00/9:40/10:20/11:00
Level 2.....	9:00/9:40/10:20/11:00
Level 3.....	11:00
Level 4.....	9:00