

# BRAND SENIOR CENTER

# MAY 2022



## CLASSIC MOVIES

### MONDAYS - 9 a.m.

May 2 - Guys and Dolls  
May 9 - Secondhand Lions  
May 16 - Sabrina  
May 23 - Moneyball

## ACTIVITIES

### BLOOD PRESSURE CHECKS

10 a.m., Tuesday, May 5, 26

### LIBRARY CHECK OUT

10 a.m., Tuesdays, May 10, 24

### MOTHER'S DAY PARTY

12:15 p.m., Friday, May 6

### STRETCH, STRENGTHEN & HEALTH

9:30 a.m., Tuesdays



## SPEAKERS & MUSIC

### COUNTRY MUSIC HOUSE SINGERS

10 a.m., Tuesday, May 3, 17

### SPEAKER: CHARITY FROM AIM HEALTH

11 a.m., Thursday, May 5

### MCOA GENERAL MEETING

10 a.m., Friday, May 6

### ARCHWELL HEALTH (MEDICARE SPEAKER)

10:30 a.m., Thursday, May 19



## WEEKLY ACTIVITIES

### QUILTING • POOL • TABLE GAMES

ARMCHAIR TRAVEL..... Wednesdays - 9 a.m.

ART CLASS ..... Fridays - 9 a.m.

BINGO ..... May 5, 13, 20 - 12:15 p.m.

CHAIR YOGA ..... Tues/Thurs - 10:15 a.m.

EXERCISE ..... Mon/Wed/Fri - 10:15 a.m.

LINE DANCING ..... Wednesdays - 1 p.m.

OPEN ART STUDIO ..... Tuesdays - 8:30 a.m.

TAI CHI ..... Tuesdays - 12:30 p.m.

WOODCARVING ..... Thursdays - 9 a.m.



## DAILY LUNCH

**RESERVATIONS:**  
Call 405-793-9069

# SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

