

BRAND SENIOR CENTER

JANUARY 2022



CLASSIC MOVIES

MONDAYS - 9 a.m.

Jan. 3 - North by Northwest
Jan. 10 - Rio Grande
Jan. 24 - The Newton Boys
Jan. 31 - True Grit



SPEAKERS & MUSIC

MUSIC WITH RICHARD MILLICAN

11 a.m., Thursday, Jan. 6

MCOA GENERAL MEETING

10 a.m., Friday, Jan. 7

MOORE POLICE VISIT

11 a.m., Friday, Jan. 7

SPEAKER: MEDICARE UPDATE

11 a.m., Thursday, Jan. 20

COUNTRY MUSIC HOUSE SINGERS

1 p.m., Wednesday, Jan. 4, 18

MCOA BOARD MEETING

10 a.m., Monday, Jan. 31



DAILY LUNCH

RESERVATIONS:
Call 405-793-9069

ACTIVITIES

BLOOD PRESSURE CHECKS

10 a.m., Thursday, Jan. 20

LIBRARY CHECK OUT

10 a.m., Tuesdays, Jan. 11, 25

COMPUTERS WITH A.J.

1 p.m., Monday, Jan. 24 (limit 4)

STRETCH, STRENGTHEN & HEALTH

9:30 a.m., Tuesdays

ANCESTRY CLASS

1 p.m., Wednesday, Jan. 26



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

ARMCHAIR TRAVEL..... Wednesdays - 9 a.m.

ART CLASS Fridays - 9 a.m.

BINGO Jan. 7, 14, 21 - 12:15 p.m.

CHAIR YOGA..... Tues/Thurs - 10:15 a.m.

EXERCISE..... Mon/Wed/Fri - 10:15 a.m.

LINE DANCING..... Wednesdays - 1 p.m.

OPEN ART STUDIO..... Tuesdays - 8:30 a.m.

TAI CHI..... Tuesdays - 12:30 p.m.

WOODCARVING..... Thursdays - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

