City of Moore

BRAND SENIOR CENTER

JAN
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9 am - Classic Movie North by Northwest 10:15 am - Exercise 1 pm - Line Dance Classes (6 weeks)	**4** 8:30 am - Open Art Studio 9:30 am - Stretch, Strengthen & Health 10 am - Country Music House Singers 10:15 am - Chair Yoga 12:30 pm - Tai Chi	**5** 9 am - Armchair Travel 10:15 am - Exercise 1 pm - "Not Just Country" Line Dancing Practice	**6** 9 am - Woodcarving 10:15 am - Chair Yoga 11 am - Music with Richard Millican	**7** 9 am - Art Class 10 am - MCOA General Meeting 10:15 am - Exercise 11 am - Moore Police 12:15 pm - Bingo with Flora
10 9 am - Classic Movie Rio Grande 10:15 am - Exercise 1 pm - Line Dance Classes (6 weeks)	**11** 8:30 am - Open Art Studio 9:30 am - Stretch, Strengthen & Health 10 am - Country Music House Singers 10 am - Library Checkout 10:15 am - Chair Yoga 12:30 pm - Tai Chi	**12** 9 am - Armchair Travel 10:15 am - Exercise 11:30 am - Cobbler 1 pm - "Not Just Country" Line Dancing Practice 1 pm - Ancestry Class	**13** 9 am - Woodcarving 10:15 am - Chair Yoga 11 am - Speaker: Dr. David Harris - Civil War Surgeon	**14** 9 am - Art Class 10:15 am - Exercise 12:15 - Bingo with Terry and Wanda
17 Martin Luther King Jr. Day CLOSED	**18** 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10:15 am - Chair Yoga 12:30 pm - Tai Chi	**19** 9 am - Armchair Travel 10:15 am - Exercise 1 pm - "Not Just Country" Line Dancing Practice	**20** 9 am - Woodcarving 10 am - Blood Pressure Checks 10:15 am - Chair Yoga 11 am - Medicare Update with Charity	**21** 9 am - Art Class 10:15 am - Exercise 12:15 pm - Bingo with Scott
24 9 am - Classic Movie The Newton Boys 10:15 am - Exercise 1 pm - Line Dance Classes (6 weeks) 1 pm - Computers with AJ*	**25** 8:30 am - Open Art Studio 9:30 am - Stretch, Strengthen & Health 10 am - Country Music House Singers 10 am - Library Checkout 10:15 am - Chair Yoga 12:30 pm - Tai Chi	**26** 9 am - Armchair Travel 10:15 am - Exercise 1 pm - "Not Just Country" Line Dancing Practice 1 pm - Ancestry Class	**27** 9 am - Woodcarving 10:15 am - Chair Yoga	**28** 9 am - Art Class 10:15 am - Exercise
31 9 am - Classic Movie True Grit 10 am - MCOA Board Meeting 10:15 am - Exercise 1 pm - Line Dance Classes (6 weeks)				

TRANSPORTATION

Moore Council on Aging (MCOA) Bus Service call 799-3130 in Moore Area

LUNCH PROGRAM

Inside dining
Reservations 793-9069

*Limited space. Must sign up in office for this class or activity.

SIGN UP IN OFFICE

501 East Main St. | 799-3130

MOORE Parks & Recreation