

# BRAND SENIOR CENTER

# OCTOBER 2021



## CLASSIC MOVIES

### MONDAYS - 9 a.m.

- Oct. 4 - McLintock
- Oct. 11 - The Good Shepherd
- Oct. 18 - Legend of the Lost
- Oct. 25 - The Outsiders



## SPEAKERS & MUSIC

### MCOA GENERAL MEETING

10 a.m., Friday, Oct. 1

### MOORE POLICE VISIT

11 a.m., Friday, Oct. 1

### SPEAKER: MOORE FUNERAL SERVICES

11 a.m., Thursday, Oct. 7

### SPEAKER: MEDICARE UPDATE

11 a.m., Thursday, Oct. 21

### MCOA BOARD MEETING

10 a.m., Monday, Oct. 25

### COUNTRY MUSIC HOUSE SINGERS

10 a.m., Tuesday, Oct. 5, 19



## DAILY LUNCH

**RESERVATIONS:**  
Call 405-793-9069

## ACTIVITIES

### SMART PHONE BASICS

1 p.m., Friday, Oct. 1, 8, 22

### FLU SHOTS

1 p.m., Tuesday, Oct. 5

### BLOOD PRESSURE

10 a.m., Thursday, Oct. 7

### FOOD BANK TRIP

1 p.m., Thursday, Oct. 7

### LIBRARY CHECK OUT

10 a.m., Tuesdays, Oct. 12, 26

### HALLOWEEN PARTY

12:15 p.m., Friday, Oct. 29

### CORNHOLE

12:15 p.m., Friday, Oct. 22

### COMPUTERS WITH A.J.

1 p.m., Friday, Oct. 22 (limit 4)

### STRETCH, STRENGTHEN & HEALTH

9:30 a.m., Tuesdays

## WEEKLY ACTIVITIES

### QUILTING • POOL • TABLE GAMES

- ARMCHAIR TRAVEL..... Wednesdays - 9 a.m.
- ART CLASS ..... Fridays - 9 a.m.
- BINGO ..... Oct. 1, 8, 15 - 12:15 p.m.
- CHAIR YOGA ..... Tues/Thurs - 10:15 a.m.
- EXERCISE..... Mon/Wed/Fri - 10:15 a.m.
- HEARTS & CARDS..... Thursdays - 10 a.m.
- LINE DANCING..... Wednesdays - 1 p.m.
- OPEN ART STUDIO ..... Tuesdays - 8:30 a.m.
- TABLE TENNIS..... Tuesdays - 12:30 p.m.
- TAI CHI..... Tue/Thu - 12:30 p.m.
- WOODCARVING..... Thursdays - 9 a.m.

## SIGN UP IN OFFICE

501 East Main St. | 799-3130

