

BRAND SENIOR CENTER

JULY 2021



CLASSIC MOVIES

MONDAYS - 9 a.m.

July 12 - Pearl Harbor I
July 19 - Pearl Harbor II
July 26 - Stealth

ACTIVITIES

OPEN ART STUDIO

8:30 a.m., Tuesdays

WOOD CARVING

9 a.m., Thursdays

STRETCH, STRENGTHEN & HEALTH

9:30 a.m., Tuesdays

4TH OF JULY PARTY

12:15 p.m., Friday, July 2

HEARTS & CARDS

10 a.m., Thursday, July 8, 15, 22, 29

TAI CHI FOR BETTER BALANCE

1 p.m., Monday, July 12, 19, 26 and Tuesday,
July 13, 20, 26

MOORE SENIOR GAMES

June, July and Aug. | cityofmoore.com/fun



SPEAKERS & MUSIC

COUNTRY HOUSE SINGERS

10 a.m., Tuesdays, July 6 and 20

SPEAKER: VALIR

10:30 a.m., Thursday, July 1

MCOA GENERAL MEETING

10 a.m., Friday, July 2

MOORE POLICE DEPT. VISIT

11 a.m., Friday, July 2

SPEAKER: VETERAN HEALTH SERVICES

10:30 a.m., Thursday, July 15

MCOA BOARD MEETING

10 a.m., Monday, July 26

WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

EXERCISE.....Mon/Wed/Fri - 10:15 a.m.

LINE DANCING.....Wednesdays - 1 p.m.

BINGOThursday, July 1, 8, 15 - 12:15 p.m.

CHAIR YOGA.....Tues/Thurs - 10:15 a.m.

ARMCHAIR TRAVEL.....Wednesdays - 9 a.m.



TRANSPORTATION - CALL 24 HOURS IN ADVANCE

Moore Council on Aging (MCOA) Bus Service call 799-3130 in Moore Area

SIGN UP IN OFFICE

501 East Main St. | 799-3130

