

BRAND SENIOR CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
				1 CLOSED Happy New Year!	2	3
4 9 am - Classic Movie "Michael" 10:15 am - Exercise	5 9:30 am - Stretch, Strengthen & Health 10:00 am - Country House Singers 10:15 am - Chair Yoga 12 pm - Brain Games	6 9 am - Armchair Travel 10:15 am - Exercise 12:15 pm - Line Dancing	7 10:15 am - Chair Yoga 12:15 pm - Bingo with Flora	8 10 am - MCOA General Mtg 10 am-12 pm - Hearing Test 10:15 am - Exercise 11 am - Visit with Moore Police Department	9	10
11 9 am - Classic Movie "Armageddon" 10:15 am - Exercise	12 9:30 am - Stretch, Strengthen & Health 10:15 am - Chair Yoga 12 pm - Brain Games 1:15 pm - Jewelry Crafts	13 9 am - Armchair Travel 10:15 am - Exercise 11 am - Legal Aid - Probate & Legal Information 11:30 am - Cobbler 12:15 pm - Line Dancing	14 10:15 am - Chair Yoga 12:15 pm - Bingo with Terry and Wanda	15 10:15 am - Exercise	16	17
18 CLOSED Dr. Martin Luther King Day	19 9:30 am - Stretch, Strengthen & Health 10:00 am - Country House Singers 10:15 am - Chair Yoga 12 pm - Brain Games	20 9 am - Armchair Travel 10:15 am - Exercise 12:15 pm - Line Dancing	21 10:15 am - Chair Yoga 12:15 pm - Bingo with Scott	22 10:15 am - Exercise	23	24
25 9 am - Classic Movie "Sound of Music" 10 am - MCOA Board 10:15 am - Exercise	26 9:30 am - Stretch, Strengthen & Health 10:15 am - Chair Yoga 12 pm - Brain Games 1:15 pm - Seasonal Crafts & Décor	27 9 am - Armchair Travel 10:15 am - Exercise 11 am - Speaker - Travel to the Holy Land 12:15 pm - Line Dancing	28 10:15 am - Chair Yoga 11 am - New Library Sources	29 10:15 am - Exercise	30	31



DAILY ACTIVITIES
Dominoes • Card Games
Pool • Quilting • Puzzles



LUNCH PROGRAM
Drive through pick-up only.
Reservations 793-9069



TRANSPORTATION
Moore Council on Aging (MCOA) Bus
Service call 799-3130 in Moore Area



*Activities may be limited for social distancing reasons and facemasks are required for some activities.

SIGN UP IN OFFICE
501 East Main St. | 799-3130

