

The Station at Central Park  
**AQUATIC CENTER**

# RULES

Rev. 040422



1. Lifeguards are in place for your safety; show respect by following all lifeguard instructions.
2. No one is allowed in the pool without a lifeguard on duty.
3. Patrons who purchase an entry pass will receive a wristband, and it is required to be worn at all times.
4. Entry pass will no longer allow re-entry into the facilities. If a patron exits the facilities, a new entry pass must be purchased for re-entry.
5. All entry pass individuals age 15 or under must be accompanied by a parent or legal guardian at all times while inside The Station Recreation or Aquatic facility.
6. Passholders under the age of 13 must be accompanied by an adult (18+) inside the Aquatic facility.
7. All bags will be checked upon entering the Aquatic facility.
8. No outside food or drink, except bottled water.
9. No coolers are permitted.
10. Swimmers must take a shower before entering the pool.
11. Proper swimming attire is required: jean material, undergarments, thongs/G-strings, etc. are not permitted.
12. The Station staff reserve the right to remove any patrons from the facility for inappropriate behavior and not following rules.
13. Swim diapers with swimsuit are required for all non-toilet trained patrons.
14. Patrons must meet the minimum height requirements to go down the slides.
15. The station is not responsible for lost or stolen property.
16. Persons with infectious conditions or contagious disease such as colds. Open sores, the flu, eye infections, are not permitted in the pool.
17. No smoking, chewing tobacco, vaping, alcohol, or weapons of any kind are allowed.
18. At the discretion of the lifeguard, any swimmer may be asked to demonstrate their swimming ability to determine if they are able to use designated areas of the pool.
19. The only floatation devices permitted are coastguard approved lifejackets.
20. Noodles, barbells, and other equipment are permitted provided they are participating in a Station sponsored activity.
21. Toys, including basketballs, are not permitted.
22. No running, dunking, pushing, sitting on shoulders, or other forms of horseplay.
23. Patrons should enter and exit the pool by using the pool ramp, ladder or zero depth area.
24. No public displays of affection, profanity, or any inappropriate language/behavior.
25. Strollers must be parked in the designated Stroller Parking Area.

For more information call Moore Parks & Recreation at **(405) 793-5090**.



## Age Restrictions

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1. Children 7 and under must be directly supervised by an adult (18 years and older) at all times unless they are participating in a Station sponsored program or activity and the adult must remain within arm's reach.
2. Children 8 to 15 may use the aquatic center, however an adult must remain in the aquatic center at all times.
3. Adult Supervision
  - An adult is considered to be someone who is 18 years of age or older
  - Adults are required to be in the water and may not swim laps when supervising children

## Lap Pool/Diving Area Rules

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1. Patrons should not hang onto or climb over the lane lines.
2. Non-swimmers must wear life jackets and have an adult within arm's reach in the lap pool. A life jacket is required for non-swimmers arms-length of an adult; 18 years or older.
3. Height restriction for family slide. Must be at least 48" in height.

## Lap Swim

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1. The lap lanes are for lap swim or water walking only.
2. A circular pattern will be used for lap swimming. Patrons should stay on the right side of the lane, swimming in counterclockwise direction.
3. Patrons that stop between lengths should pause in the corner of the lane to prevent collisions and/or injury.
4. Patrons should try to keep pace and maintain a reasonable distance between swimmers. Patrons continually passing or being passed, should consider moving to a different lane.
5. When passing, patrons should notify the swimmer in front and pass in the middle of the lane. Patrons should watch for oncoming swimmers.
6. Lanes are designed to accommodate up to four patrons who are swimming laps in a circular pattern.
7. Kick boards and pull buoys are to be used for fitness training or at the discretion of the Lifeguard and be stored in the appropriate storage area when not in use.

## Diving Boards (1 meter, 3 meter)

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1. Patrons may only use the diving boards during designated recreational diving times (refer to the current pool schedule).
2. Patrons must mount the board by using the ladder only.
3. Only one person is allowed on the board at a time and only one bounce is permitted.
4. Patrons should jump straight off the board, not to the side or toward the wall.
5. Diving is permitted. No dangerous stunts (gainers, inwards...) are permitted. Aquatic staff reserves the right to determine if jumps are safe. Failure to listen to the lifeguard or Aquatic staff can result in ejection from Aquatic Center.
6. Patrons must take-off the board from the feet only (no handstands, cartwheels, or sitting take-off).
7. Patrons must wait for signal from lifeguard before entering the water.
8. After exiting the diving board, patrons must exit the pool at the nearest ladder or stairwell.
9. Hanging on the board is prohibited.
10. General swimming in the diving area is not permitted when the diving board is in use.
11. Masks, goggles, glasses or lifejackets may not be worn while using the diving board.
12. The diving boards may be closed at the discretion of the Aquatic Staff to provide additional lap lanes, or program space.
13. No non-swimmers.

## Kiddie Pool

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1. The kiddie pool is reserved for children 7 years and under. An adult; 18 years or older must stay within arms-length at all times.
2. Swim diapers are required for all non-toilet trained patrons.
3. No toys permitted.

# Lazy River Pool & Water Slide Rules

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## Lazy River

1. The number of people allowed in the current channel will be determined by the Lifeguard on duty.
2. Sitting, standing, diving off of, or hanging on the wall is prohibited.
3. A capable/experienced swimmer must accompany children who are non-swimmers. A Lifeguard will determine non-swimmer capability.

## Water Slides

1. State regulations require that all riders must be a certain height to ride the water slides. A rider must be 48" or taller to use the tube slides and family slide. A rider must be 42" or taller to ride the green body speed slide.
2. Masks, goggles, glasses, or lifejackets should not be worn while sliding.
3. T-shirts and swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted.
4. Pregnant women and persons with heart conditions or back trouble should not ride the slide.
5. Only one user allowed be on the slide platform at a time.
6. Patrons must make sure the plunge pool area is clear and wait for signal from the lifeguard before entering the slide. Swimming is not permitted in the roped off section of the slide.
7. Only one inner tube is permitted on the slide at a time. Patrons are not permitted to ride with children in their lap.
8. Slide must be ridden in the inner tube, feet first, lying on your back or in a sitting position.
9. Diving into/off of, kneeling, changing positions, slowing down, stopping, forming chains or sliding down head first is prohibited at all times.
10. Catching children as they exit the slide is not permitted.
11. Patrons must exit the water immediately after using the slide.
12. The water slide may be closed at the discretion of the Aquatic Staff.