



# The Station Swim Lesson Registration Guide

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## Parent/Child (Age 6 months – 3 years)

- No requirements
- Parents **MUST** remain in the water during the duration of the class.

## Preschool I (Age 3-5)

- No requirements

## Preschool II (Age 3-5)

- Must be able to submerge face.
- Must be able to make forward movement **WITH** a floatation device with No assistance from instructor.

## Youth I (Age 6-14)

- No Requirements

## Youth II (Age 6-14)

- **MUST** be able to submerge face under water.
- **MUST** be able to move forward with little assistance from instructor.
- **MUST** be able to float on back with little assistance.

## Youth III (Age 6-14)

- **MUST** be able to submerge face under water.
- **MUST** be able to swim **UNASSISTED** 10-15 yards (roughly half the pool length).
- **MUST** be able to float **UNASSISTED**.

**The Station's Swim Lessons are organized by age and skill level. Advancing to the next level is dependent upon the child's mastery of required skills. Since each child will learn at his/her own pace, session completion does not guarantee that they will advance to the next stage. Do not be discouraged if we recommend additional sessions at the same stage as this is quite typical.**

- **PARENT/CHILD: 6 months – 3 years**
- **YOUTH I/II/III: 6 - 14 years**
- **PRESCHOOL I/II: 3 – 5 years**
- **ADULT: 15 years and above**