

# Spring/Summer 2023

## Activities & Events Guide





## BOOK YOUR NEXT EVENT AT THE STATION

### ALL ABOARD!

The Station Recreation and Aquatic Center is a place providing fun for the whole family. Enjoy the indoor amenities such as the party rooms and basketball courts or take the fun outdoors to the aquatic center. Whether you're celebrating a birthday or planning a large work event, we have the space and resources to make your next event a success.

For more information contact the City of Moore Parks & Recreation Department at **405-793-5090** or visit [cityofmoore.com/parks](http://cityofmoore.com/parks)



## RENT THE POOL AT THE STATION

### DIVE IN!

The Station Aquatic Center is available for after hours rentals. The Aquatic Center has a Lap Pool, Slides, Lazy River, and a Baby Pool that can be rented separately or all together. Must be booked 7 days in advance and in person at The Station Recreation Center. Booking begins January 1, 2023.

For more information contact the City of Moore Parks & Recreation Department at **405-793-5090** or visit [cityofmoore.com/parks](http://cityofmoore.com/parks)

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Online Registration for activities and classes  
**cityofmoore.com/fun**

We provide a user-friendly system for all customers to register for classes, camps, and sport leagues or even reserve a pavilion from the convenience of your home.

Go to [cityofmoore.com/fun](http://cityofmoore.com/fun) to register for an activity or reserve a pavilion through our ACTIVENet® portal. Transactions may entail some form of fee. To use the system, you will create an account and follow the instructions from there. It's that easy!



# THE STATION AT CENTRAL PARK

700 S BROADWAY AVE | MOORE, OK



Monday-Friday: ..... 5 a.m.–10 p.m.  
Saturday:..... 8 a.m.–6 p.m.  
Sunday:..... Noon–6 p.m.

The Station at Central Park is a state-of-the-art facility that includes a fitness center, basketball courts, an indoor walking track, and much more!

Through a variety of group fitness, education, crafting, and hobby classes, the 53,000 square foot recreation center helps foster a healthy lifestyle while building a strong and social community.

Passholders have access to on-site childcare so they can work out or attend a class without worrying about the kids.

The Station boasts two full-sized basketball courts downstairs, and a fitness area with more than 80 pieces of equipment, an indoor walking track, a cycling studio, and exercise rooms upstairs.

Passholders will be delighted with the overall theme and look of the facility with nods to the founding of Moore and our rich railroad history.

With personal training and group activities available, this beautiful and cutting-edge facility ensures its passholders a unique and fun experience, catering to all fitness levels and interests.

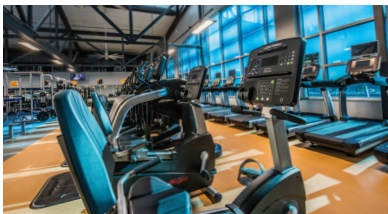
## You can try out The Station by purchasing an Entry Pass or join for the full year to get the best value.

*See page 14 for all of our membership options.*



## Aquatic Center

Soak up the sun while cooling off in The Station's 45,000 square foot outdoor aquatic center. Our aquatic center has a lazy river, three slides, a diving well, a lap pool, a splash area, and spray features that are guaranteed to keep the entire family entertained for hours. With three individual pools, the innovative design of our aquatics center separates shallow water from deep water and helps keep younger children separated from older, more active patrons. Enjoy a swim, lounge underneath one of the shade structures surrounding the pools, or grab a bite to eat at the outdoor concession stand.



## Fitness Center

The Station's Fitness Center has over 80 pieces of fitness and workout equipment, an elevated walking track, exercise/fitness rooms, locker rooms, and a child watch area. The Station also offers group fitness classes for all ages and fitness levels.



## Recreation Center

Our Recreation Center has 2 full-size basketball courts with wood floors where passholders can play basketball, volleyball, and other sports during designated open gym times. There is also a concession area located by the courts.



# SUMMER SWIM LESSONS

**WHEN:** Weekday Session 1 June 5-15 / Session 2 June 19-29 / Session 3 July 3-13 / Session 4 July 17-27 / Session 5 July 31-Aug. 3 \*Fast Track\*

Weekend – Saturdays Only June 3-24 / July 8-29

**TIME:** 9 a.m. / 9:40 a.m. / 10:20 a.m. / 11 a.m.

**AGES:** 6 months–14 years

**FEE:** Group Weekday \$40 / Group Weekend \$30 / Private \$90 – Prices per participant

**WHERE:** The Station Aquatic Center

**REGISTRATION:** Feb. 1–28 Passholders Only / March 1-TBD Open for Everyone

The Station's swim lesson curriculum emphasizes proper swimming technique and water safety, all while having a blast at The Station. Swim lessons classes available are Parent/Child, Preschool 1 & 2, Youth Level 1–4 and our highly sought out Private or Semi-Private Lessons.

*Lesson time could change at any time.*

# SWIM STRONG WEEK

**WHEN:** May 29–June 1

**TIME:** Varies

**AGES:** 3–14 years old

**FEE:** Free for MPS Scholarship Recipients  
(must provide documentation at registration)  
*first come first served–limited spots available*

**WHERE:** The Station Aquatic Center

**REGISTRATION:** March 1-TBD

Swim Strong week is a time to learn new swim skills or refresh skills already learned. Register at The Station for the appropriate level.





## Fitness Center

As a passholder or visitor, you'll have access to 5,000 square feet of strength and conditioning space, featuring:

### Cardio Area

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Treadmills and Stair Steppers

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Elliptical Machines

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Upright and Recumbent Exercise Bikes

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Weight Machines and Free Weights

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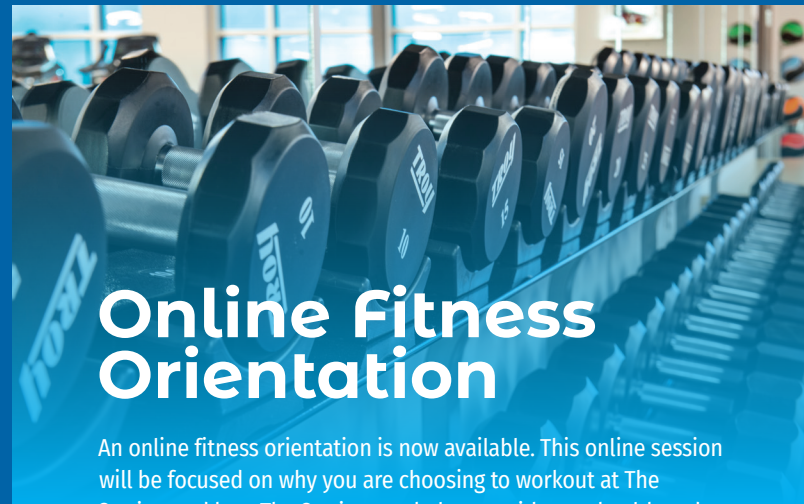
Indoor Walking Track

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## Group Fitness

It is our goal to provide a wide variety of high quality fitness and wellness opportunities for you. We value the importance of a healthy lifestyle and want to help you stay committed to your goals. We will offer a variety of classes ranging from Zumba®, Cycle, Yoga, Body Pump™, TRX, BodyFlow™ and much more! All fitness levels are welcome! Visit [cityofmoore.com](http://cityofmoore.com) for the most up-to-date schedule.



## Online Fitness Orientation

An online fitness orientation is now available. This online session will be focused on why you are choosing to workout at The Station and how The Station can help you with your health and wellness goals. It includes an introduction on how to safely use the equipment on the fitness floor showcasing several of our most popular machines. The orientation also offers an OPTIONAL wellness assessment measuring height, weight, BMI with fat percentage, and circumferences. For more information contact Buster Bread at [bbread@cityofmoore.com](mailto:bbread@cityofmoore.com) or 405-793-5090 for more information.

Free for New Passholders within 1st Month  
\$25 for Passholders outside of their 1st Month

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# Group Fitness Classes

## AT THE STATION

### Bootcamp

Focus on increasing the caloric burn through fun drills, intervals of strength, plyometric, agilities, and cardio. These exercises are designed for all levels and for those who want to get the most out of their workout.

### Piloxing Barre®

Using a ballet barre for stability and resistance in this 45-minute cardio program, you lengthen, you strengthen and you box your heart out! Happy joints, strong muscles, healthy heart; that is PILOXING Barre!

### The Burn

Simply put: Feel the BURN! Weight incorporated class working your whole body with full body moves.

### Toning

Resistance training involving dumbbells and body weight to help increase muscle strength and definition.

### Cycle

An intense full body workout on a stationary bike that is adjustable to provide a custom fit, combined with training that will build muscle and reduce body fat. Participants control the level of intensity. We encourage new participants to arrive early for set up and instruction. Participants must obtain a pass with the fitness desk. Space is limited to 19 participants.

### Zumba Gold®

Active older adults who are looking for a modified Zumba® class that recreates the moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination.

### BodyPump™

Using light to moderate weights with lots of repetition, BODYPUMP gives you a total body workout. Instructors will coach you through the scientifically proven moves and techniques pumping out encouragement, motivation and great music – helping you achieve much more than on your own! Participants must obtain a pass with the fitness desk. Space is limited to 19 participants.

### Core & More

Strengthen your core from every angle with sequences of both abdominal and back exercises.

### HIIT

High Intensity Interval Training will burn more fat, improve endurance and build strength. This training method includes low to moderate intensity intervals alternated with high intensity intervals. Cardio intensive with some strength exercises.

### Zumba®

Ditch the workout, join the party! No dance experience needed for this Latin dance-based fitness class! It's fun and easy! Wear comfortable, supportive athletic shoes and get ready to sweat!

### TRX®

This suspension training class is a revolutionary method of leveraged body weight exercises based on training done by the Navy Seals. You will build power, develop strength, balance, flexibility, and joint stability. Participants must obtain a pass with the fitness desk. Space is limited to 9 participants.

## Yoga

Participants will coordinate breath with movement to move from one pose to another. Together, the series of poses improve flexibility, calm the mind, and strengthen the body. Poses range from beginner to intermediate.

## Senior Fitness

This classes combine fun and fitness! They are designed to increase endurance and strength which will assist in easier management of your functional daily routine. Beginners Senior Fitness will start at a pace that everyone can be comfortable with. Soon you will be joining other classes, feeling confident and ready to take on the schedule.

## Advanced Senior Fitness

Advanced Senior Fitness expands on "Senior Fitness" by encouraging and progressing into more advanced movements. Learn how to develop balance, strength, and flexibility to better perform activities for daily living.

## Senior Stretch

This class leads you through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement.

## Sculpt

A total body strength training class that incorporates barbell training that will build muscle and reduce body fat.

## BodyFlow™

During BODYFLOW an inspired soundtrack plays as you bend and stretch through a series of simple yoga moves and embrace elements of Tai Chi and Pilates. Breathing control is a part of all the exercises, and instructors will always provide options for those just getting started. You'll strengthen your entire body and leave the class feeling calm and centered.

## Cardio Blast

Constant variety of step, hi/low aerobics, kickboxing, circuit and full body weight moves. All moves incorporate fat-burning aerobic activity and resistance work with bands, hand weights, and other equipment.

## TRX Express

This suspension training class is a revolutionary method of leveraged body weight exercises based on training done by the Navy Seals. You will build power, develop strength, balance, flexibility, and joint stability. Participants must obtain a pass with the fitness desk. Space is limited to 9 participants.

## Cardio Dance Party

A choreographed class with high/low intensity dance routines. This class will feature party lighting with colorful lights.

## Core™

During the 30-minute workout trained instructors guide you through correct technique as you work with resistance tubes and weight plates, as well as body weight exercises like crunches, and hovers. You will also get into some hip, butt and lower back exercises.



## YOUTH CLASSES

### Zumba Kids

SAT: 10 a.m.

Perfect for our younger Zumba® fans! Kids 7+ years old get the chance to be active and jam out to their favorite music. Zumba Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun.

### FitKids

WED: 5 p.m.

This 55 minute class is packed with entertaining music, foundational fitness moves, and fun games. Fit Kids will get your child moving and learning the importance of making healthy choices all while having fun! For ages 7 to 12 years.

### Fit as a Fiddle

TUE: 1 p.m.

Toddlers will enjoy getting their exercise by running, jumping, tumbling on mats and dancing to favorite energetic songs.

**For dates and times see the latest Group Fitness Schedule available at The Station or [cityofmoore.com](http://cityofmoore.com).**



# Personal Training

## AT THE STATION

## Try personal training to reach your fitness goals

The personal training program at The Station is available to provide you with a safe and effective workout to meet your fitness and health goals. Our trainers will work with you one-on-one to provide encouragement, motivation and accountability. Call today to schedule your free fitness orientation when you buy a pass, or call The Station to set-up an appointment. Small group training sessions are available upon request. For more information call or email Buster Bread at 793-5090 or [bbread@cityofmoore.com](mailto:bbread@cityofmoore.com).

### One-on-One Sessions:

\$50/1 hour session

\$250 per 5/1-hour sessions

\$450 per 10/1-hour sessions

### Small Group Sessions:

(2 or more participants registered)

\$40/per person one-hour session

## Meet our trainers

### GARY WARREN

Gary's training focus is in designing and implementing safe, progressive, and effective athletic and fitness programs. Emphasis on program design is based on an individual's CURRENT health, physical abilities and realistically achievable goals (client-defined fitness).

### VIBEKE NILSEN


Vibeke's training focus is to help motivate individuals to achieve personal fitness goals. She provides invaluable experience in fitness and athletics. She has years of experience in leading group exercise sessions such as Boot Camp, HIIT, Kickboxing, Cardioblast, Sculpt, Toning, and sports-specific fitness training.


### ROBERT SUMMERS

Robert's training focus is providing effective strength training programs. He has vast experience in fitness and possesses nearly 7 years of experience in leading group exercise. He currently functions as a strength coach for women's soccer at Rose State College and enjoys teaching weight lifting.

# The Station Recreation Center

## MEMBERSHIP OPTIONS

MOORE RESIDENTS	Entry	15-Visit	Annual*
Individual	\$6	\$75	\$384 (\$32/month)
Youth (4-17) 	\$6	\$75	\$300 (\$25/month)
Senior (60+)/Military	\$5	\$65	\$300 (\$25/month)
Military Family	N/A	N/A	\$540 (\$45/month)
Family	N/A	N/A	\$660 (\$55/month)
Senior Couple	N/A	N/A	\$456 (\$38/month)

NON-RESIDENTS	Entry	15-Visit	Annual*
Individual	\$9	\$120	\$480 (\$40/month)
Youth (4-17) 	\$9	\$120	\$372 (\$31/month)
Senior (60+)/Military	\$7	\$90	\$372 (\$31/month)
Military Family	N/A	N/A	\$660 (\$55/month)
Family	N/A	N/A	\$780 (\$65/month)
Senior Couple	N/A	N/A	\$564 (\$47/month)

\*Basic land and aquatic fitness classes included

\*Pass includes access to Recreation Center and Aquatic Center

\*2-Hours of Child Watch and Kid's Club included daily

Family pass includes 2 adults and up to 8 youth under 21 living in same household

Verification of dependency is required to add children to a Family pass. (birth certificates, tax forms, insurance card, etc.)

**The Station Recreation Center partners with Silver Sneakers, Prime, and Renew Active.**

### The Station at Central Park

700 S. Broadway | Moore, OK 73160  
(405) 793-5090

For more information visit  
[cityofmoore.com/parks](http://cityofmoore.com/parks)



#### ENTRY PASS POLICY

From Memorial Day Weekend through Labor Day Weekend all individuals age 15 and under must be accompanied by a parent or legal guardian, with a photo ID to enter The Station Recreation Facility.

Entry passes will no longer allow re-entry into the facility. If a patron exits the facility, a new entry pass will need to be purchased for re-entry.

Policy subject to change.

# Recreation Center

## AT THE STATION



At the center of The Station is the multi-purpose gymnasium featuring two full-size indoor basketball courts and four half courts. Passholders can shoot hoops with their friends, join in a game with others, or participate in a sports league or tournament.

Passholders can hone their free throw skills or practice three pointers on one of our twelve basketball hoops ranging from eight to ten feet tall, ensuring an enjoyable experience and great cardiovascular workout for people of all age groups.

Besides basketball, members can play volleyball and pickleball in the gymnasium.

*Basketballs are provided by The Station and must be returned when you leave the facility.*

# Basketball



## Youth Fitness Orientation

This class is offered to teens ages 13 to 15. They are given the chance to learn the safest and most effective ways to train. A fitness trainer will give a tour of the fitness center while explaining the proper use and benefits of each piece of equipment. Each participant is required to successfully demonstrate proper use of equipment in order to use the fitness center. Those who complete the program will be given access to the Fitness Center.

Passholders: Free | Non-Passholders: \$30

Second Tuesday of the month: 7–9 p.m.

Third Saturday of the month: 10 a.m.–Noon

CHECK OUT THE LES MILLS  
CLASSES WE OFFER!

**LES MILLS  
BODYFLOW**

**LES MILLS  
BODYPUMP**





# Work. Break. Walk.

Walk the Parks is a physical activity tracking program that encourages participants to practice healthy walking habits while exploring our exercise-friendly parks in the City of Moore. The goal of Walk the Parks is to promote health, wellness and community by encouraging physical activity and highlighting free resources for all ages.

*Bring your walking shoes and  
get started on Sept. 25, 2023.*



*Register online  
for Fall 2023.*



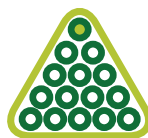
# Brand Senior Center

📍 501 EAST MAIN ST | MOORE, OK 🕒 MONDAY - FRIDAY: 8 A.M. - 4 P.M.

## *Come join the fun and make new friends*

Moore's Brand Senior Center is located at 501 E. Main. Activities at the Center include cards, dominoes, quilting, billiards, ceramics, art lessons, woodcarving, and various crafts. There are also programs on nutrition as well as health checks for hearing, blood pressure, and blood sugar screenings. Legal aid representatives and speakers from other professional groups speak to our seniors. Aging Services Inc., operates a congregate meal program at the Center as well.

A transportation bus owned and operated by the Moore Council on Aging (MCOA) provides rides for senior citizens from their addresses in the Moore city limits to the Center. This service also serves seniors with transportation to banks, stores, the library, doctor's offices, and other places within the city. Lunch program is available for dine-in and delivery. For reservations call 793-9069.



### DAILY ACTIVITIES

Dominoes, Card Games, Movies, Pool, Quilting, Puzzles, Woodcarving



### LUNCH PROGRAM

11:30-Noon (Dine-in and delivery)  
Call by 1 p.m. the day before: 405-793-9069



### TRANSPORTATION

Moore Council on Aging (MCOA) Bus  
Service call: 405-799-3130  
(within Moore city limits only)

# Brand Senior Center

*Free classes for ages 60+*

## Quilt Creations

**WHEN:** Monday–Friday

**TIME:** 8:30–11:30 a.m.

**WHERE:** Brand Senior Center Quilt Area

Learn the basics of hand-made quilting from experienced quilters. Work on a community quilt to develop your skills and meet new friends.

## Woodcarving

**WHEN:** Wednesdays & Thursdays

**TIME:** 8–11 a.m.

**WHERE:** Brand Center Craft Room

Would you like to learn woodcarving skills? Come join experienced carvers.

## Open Art Studio

**WHEN:** Fridays

**TIME:** 9–11 a.m.

**REGISTRATION:** Sign up in office

**WHERE:** Brand Senior Center Art Room

Learn to express your creative side through painting and drawing mediums.

## Open Art Studio

**WHEN:** Tuesday

**TIME:** 8:30 a.m.

**WHERE:** Brand Senior Center Art Room

Bring your art supplies and join others to work on projects.

## Exercise

**WHEN:** Monday–Wednesday–Friday

**TIME:** 10:15–11:15 a.m.

**WHERE:** Brand Senior Center Parlor

This class offers stretching, strengthening, and balance improving moves. Low-impact exercise to improve your circulation.

## Silver Sneakers Chair Yoga

**WHEN:** Tuesday/Thursday

**TIME:** 10:15–11:15 a.m.

**WHERE:** Brand Senior Center Parlor

Yoga designed for older adults. Group chair exercise offers ways for adult to stay physically active and improve fitness levels.

## Stretch, Strengthen, and Health Update

**WHEN:** Tuesdays

**TIME:** 9:30–10 a.m.

**WHERE:** Brand Senior Center Parlor

Get a weekly stretch with strength-building activities. A quick and informative health update shared.

## Country Music House Singers

**WHEN:** 1st & 3rd Tuesdays

**WHERE:** Senior Center Lobby

## Community Speaker Series

**WHEN:** Thursdays

**TIME:** 11–11:30 a.m.

**WHERE:** Brand Senior Center Lobby

Learn what's new in our community, state, and country. Enjoy speakers who are experts in health and safety that will give you ways to have a better quality of life for you and your loved ones.

## Pool Sharks and Friends

**WHEN:** Monday–Thursday

**TIME:** 8:30–11 a.m.

**WHERE:** Brand Senior Center Pool Room

Come join the group to shoot pool. Newcomers welcome. Every experience level is invited.

## Wii Bowling

**WHEN:** Tuesdays

**TIME:** 10–11 a.m.

**WHERE:** Brand Center Library

Come bowl with us! Join the fun and get some exercise too.

## Blood Pressure Checks

**WHEN:** 4th Thursday

**TIME:** 10–11 a.m.

Health problems associated with high blood pressure are very common. Medical professionals will check your blood pressure to help identify those at risk for cardiovascular diseases.

## Independence Day Celebration

**WHEN:** July 3

**TIME:** 12:15–1:15 p.m.

**WHERE:** Brand Senior Center Lobby

Come join the fun with games and refreshments. Celebrate the holidays with the Young at Heart!

### Armchair Travel

**WHEN:** Wednesdays

**TIME:** 9 a.m.

**WHERE:** Brand Senior Center Lobby

Travel Oklahoma, the United States, and the World for free! Enjoy visiting the sites without packing your bags from California to New York all from the safety of a chair. Open your horizons of travel.

### Classic Movies

**WHEN:** Mondays

**TIME:** 9–11 a.m.

**WHERE:** Brand Senior Center Library

See the movies of your past! Go down memory lane with Classic Movies and great company. Contact Senior Center for schedule of movies.

### Food Bank Trips

**WHEN:** 1st Thursdays of each month

**TIME:** 1–2 p.m.

**WHERE:** Leave from Brand Center

**REGISTRATION:** Sign up in office. Limit of seven. Transportation provided.

### Board Games

**WHEN:** Wednesday

**TIME:** 12:30–1:30 p.m.

**WHERE:** Brand Senior Center Lobby

Play your favorite board game.

### Cornhole

**WHEN:** Thursday

**TIME:** 12:30–1:30 p.m.

**WHERE:** Brand Senior Center Parlor

### Table Tennis

**WHEN:** Friday

**TIME:** 2–3 p.m.

**WHERE:** Brand Senior Center Domino Room

### Karaoke

**WHEN:** 1st and 4th Monday

**TIME:** 12:15–1 p.m.

**WHERE:** Brand Senior Center Lobby

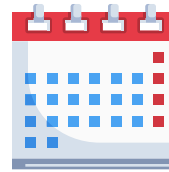
Discover your hidden talent.

### Jewelry and Art with Rhonda

**WHEN:** 2nd and 4th Thursday

**TIME:** 12:15 p.m.

**WHERE:** Craft Room



## Holiday Closings

Independence Day July 4th

Labor Day September 4th



## WE ACCEPT DONATIONS.

Call the Brand Senior Center if you would like to donate to support Moore seniors.

**405-799-3130**



# Happy Tails Dog Park

For all you dog lovers we have the spot for you. Happy Tails Dog Park, located on the east side of Buck Thomas Park, is a 2-acre dog park for you and your favorite pet to spend time with each other and other pets and pet owners.

Opened in June 2016, the dog park has shade, benches, picnic tables, beautiful mature trees, water fountains, agility features, a small dog area and a large dog area, and a restroom immediately

adjacent to the dog park. The park is open dawn to dusk 7-days a week with the exception of maintenance, which is 9 a.m.–Noon on Wednesdays. Park rules are listed at the entrance of the dog park.

Happy Tails Dog Park was funded with the 2012 Our Parks ...Our Future Parks ¼ cent sales tax.

Enjoy Happy Tails Dog Park and enjoy the wonderful time with your dog!



## CENTRAL PARK

700 S BROADWAY AVE | MOORE, OK

# Our Parks



## Buck Thomas Park

1903 NE 12th St.

128 acres

Walking Trail: 1.3 miles

North Pavilion: 4 tables

South Pavilion: 5 tables at playground

- |                      |                    |
|----------------------|--------------------|
| • Pavilions (2)      | • Walking Trail    |
| • Restroom           | • Handicap Parking |
| • Multi-Sport Fields | • Basketball Court |
| • Playground         | • Horse Shoe Pits  |
| • Splash Pad         | • Fishing          |
| • Picnic Area        | • Water            |
| • Drinking Fountain  | • Lighted Trails   |
| • Tennis Courts      | • WIFI Access      |
| • Volleyball         | • Non-Smoking Park |
| • Skate Park         | • Dog Park         |



## Curve Park

701 SW 17th St.

2.5 acres

2 Pavilions; 1 large and 1 small and can be used as an Amphitheaters

Park Benches

Park Lights

- |                      |                    |
|----------------------|--------------------|
| • Pavilions (2)      | • Walking Trail    |
| • Restroom           | • Handicap Parking |
| • Multi-Sport Fields | • Basketball Court |
| • Playground         | • Horse Shoe Pits  |
| • Splash Pad         | • Fishing          |
| • Picnic Area        | • Water            |
| • Drinking Fountain  | • Lighted Trails   |
| • Tennis Courts      | • WIFI Access      |
| • Volleyball         | • Non-Smoking Park |
| • Skate Park         | • Dog Park         |



THEME: Train

## Central Park

700 S. Broadway

51 acres

Park Trail: 1.39 miles

Lake Trail: 0.26 mile

Trail Total: 1.65 miles

4 multi-purpose pavilions - no tables

Amphitheater

- |                      |                    |
|----------------------|--------------------|
| • Pavilions (4)      | • Walking Trail    |
| • Restroom           | • Handicap Parking |
| • Multi-Sport Fields | • Basketball Court |
| • Playground         | • Horse Shoe Pits  |
| • Splash Pad         | • Fishing          |
| • Picnic Area        | • Water            |
| • Drinking Fountain  | • Lighted Trails   |
| • Tennis Courts      | • WIFI Access      |
| • Volleyball         | • Non-Smoking Park |
| • Skate Park         | • StoryWalk®       |



THEME: Pirate Ships

## Tom Strouhal/ Little River Park

700 SW 4th St. & 801 SW 10th St.

52 acres

Walking Trail: North Loop - 0.25 mile,

South Loop - 0.75 mile

Little River South - 3 pavilions

Little River North - 2 pavilions

- |                           |                              |
|---------------------------|------------------------------|
| • Pavilions (5)           | • Walking Trail              |
| • Restroom                | • Handicap Parking           |
| • Multi-Sport Fields      | • Basketball Court           |
| • Playground              | • Horse Shoe Pits            |
| • Splash Pad (South only) | • Fishing                    |
| • Picnic Area             | • Water                      |
| • Drinking Fountain       | • Lighted Trails             |
| • Tennis Courts           | • WIFI Access                |
| • Volleyball              | • Non-Smoking Park           |
| • Skate Park              | • Outdoor Exercise Equipment |

# Our Parks



THEME: Military

## Veterans Memorial Park

📍 1900 SE 4th St.

18 acres  
Walking Trail: Full Loop - 0.89 mile,  
Half Loop - 0.34 mile  
1 pavilion - 6 tables

- |                     |                    |
|---------------------|--------------------|
| ● Pavilions (1)     | ● Walking Trail    |
| ● Restroom          | ● Handicap Parking |
| Multi-Sport Fields  | Basketball Court   |
| ● Playground        | Horse Shoe Pits    |
| Splash Pad          | Fishing            |
| ● Picnic Area       | Water              |
| ● Drinking Fountain | ● Lighted Trails   |
| Tennis Courts       | WIFI Access        |
| Volleyball          | ● Non-Smoking Park |
| Skate Park          |                    |



THEME: Dinosaur

## Greenbriar Park

📍 1331 NW 6th Place

2 acres

- |                    |                    |
|--------------------|--------------------|
| Pavilions          | Walking Trail      |
| Restroom           | Handicap Parking   |
| Multi-Sport Fields | ● Basketball Court |
| ● Playground       | Horse Shoe Pits    |
| Splash Pad         | Fishing            |
| ● Picnic Area      | Water              |
| Drinking Fountain  | Lighted Trails     |
| ● Tennis Courts    | WIFI Access        |
| Volleyball         | ● Non-Smoking Park |
| Skate Park         |                    |



THEME: Castle

## Apple Valley Park

📍 4401 Melrose Dr.

4 acres  
1 pavilion - 3 tables  
Walking Trail: 0.25 mile

- |                     |                    |
|---------------------|--------------------|
| ● Pavilions (1)     | ● Walking Trail    |
| ● Restroom          | ● Handicap Parking |
| Multi-Sport Fields  | Basketball Court   |
| ● Playground        | Horse Shoe Pits    |
| ● Splash Pad        | Fishing            |
| ● Picnic Area       | Water              |
| ● Drinking Fountain | Lighted Trails     |
| Tennis Courts       | WIFI Access        |
| Volleyball          | ● Non-Smoking Park |
| Skate Park          |                    |



THEME: Rocket Ship

## Fairmoore Park

📍 630 NW 5th St.

17 acres  
Walking Trail: 0.4 mile  
2 pavilions - 3 tables at each  
Splashpad at one pavilion

- |                     |                    |
|---------------------|--------------------|
| ● Pavilions (2)     | ● Walking Trail    |
| ● Restroom          | ● Handicap Parking |
| Multi-Sport Fields  | Basketball Court   |
| ● Playground        | ● Horse Shoe Pits  |
| ● Splash Pad        | ● Fishing          |
| ● Picnic Area       | Water              |
| ● Drinking Fountain | ● Lighted Trails   |
| Tennis Courts       | WIFI Access        |
| Volleyball          | ● Non-Smoking Park |
| Skate Park          | ● Fitness Court    |



THEME: Animal

## Madison Place Park

📍 420 Madison Place

0.5 acre

- |                    |                    |
|--------------------|--------------------|
| Pavilions (2)      | Walking Trail      |
| Restroom           | Handicap Parking   |
| Multi-Sport Fields | Basketball Court   |
| ● Playground       | Horse Shoe Pits    |
| Splash Pad         | Fishing            |
| ● Picnic Area      | Water              |
| Drinking Fountain  | Lighted Trails     |
| Tennis Courts      | WIFI Access        |
| Volleyball         | ● Non-Smoking Park |
| Skate Park         |                    |



## Westmoore Trails Park

📍 2206 Lonnie Lane

8 acres  
Walking Trail: 0.36 mile  
1 pavilion - 3 tables

● Pavilions (1)	● Walking Trail
Restroom	● Handicap Parking
Multi-Sport Fields	Basketball Court
● Playground	Horse Shoe Pits
● Splash Pad	Fishing
● Picnic Area	Water
● Drinking Fountain	● Lighted Trails
Tennis Courts	WIFI Access
Volleyball	● Non-Smoking Park
Skate Park	



## Kiwanis Park

📍 501 E Main St.

3 acres  
Walking Trail: .019 mile  
1 pavilion - 2 tables

● Pavilions (1)	● Walking Trail
● Restroom	● Handicap Parking
Multi-Sport Fields	Basketball Court
● Playground	Horse Shoe Pits
Splash Pad	Fishing
● Picnic Area	Water
● Drinking Fountain	● Lighted Trails
Tennis Courts	WIFI Access
Volleyball	● Non-Smoking Park
Skate Park	



## Cottonwood Park

📍 1028 SW 2nd St.

1 acre

Pavilions (1)	Walking Trail
Restroom	Handicap Parking
Multi-Sport Fields	● Basketball Court
● Playground	Horse Shoe Pits
Splash Pad	Fishing
Picnic Area	Water
Drinking Fountain	Lighted Trails
Tennis Courts	WIFI Access
Volleyball	● Non-Smoking Park
Skate Park	



## Arbor Gardens

📍 1695 SW 34th St.

13 acres  
Walking Trail: 0.5 mile  
1 pavilion - 2 benches

● Pavilions (1)	● Walking Trail
● Restroom	● Handicap Parking
Multi-Sport Fields	Basketball Court
Playground	Horse Shoe Pits
Splash Pad	● Fishing
● Picnic Area	Water
● Drinking Fountain	● Lighted Trails
Tennis Courts	WIFI Access
Volleyball	● Non-Smoking Park
Skate Park	



## Parmele Park

📍 1308 N Janeway

8 acres  
Walking Trail: 0.25 mile  
1 pavilion - 3 tables

● Pavilions (1)	● Walking Trail
● Restroom	● Handicap Parking
Multi-Sport Fields	● Basketball Court
● Playground	Horse Shoe Pits
● Splash Pad	Fishing
● Picnic Area	Water
● Drinking Fountain	● Lighted Trails
Tennis Courts	WIFI Access
Volleyball	● Non-Smoking Park
Skate Park	



## FAIRMOORE PARK

630 NW 5TH ST | MOORE, OK

# Park Pavilion Rental

In the City of Moore you will find over 301 acres of beautiful park grounds. Our parks offer a wide variety of amenities, activities, and pavilions for any occasion. We encourage you to visit a neighborhood park today. Fees are subject to change.

## Pavilion Rental Fees

TWO HOUR MINIMUM

Apple Valley Park  
Arbor Gardens Park  
Kiwanis Park

**MOORE RESIDENTS: \$20/hour**

Due at the time of booking.  
(PROOF OF RESIDENCY REQUIRED)

**NON-RESIDENTS: \$30/hour**

Due at the time of booking.

Buck Thomas North  
Fairmoore 1 & 2  
Little River 1 & 2  
Parmele Park  
Westmoore Trails

**MOORE RESIDENTS: \$25/hour**

Due at the time of booking.  
(PROOF OF RESIDENCY REQUIRED)

**NON-RESIDENTS: \$35/hour**

Due at the time of booking.

Curve Park  
Buck Thomas South  
Veteran's Memorial Park  
Little River 3, 4, & 5

**MOORE RESIDENTS: \$35/hour**

Due at the time of booking.  
(PROOF OF RESIDENCY REQUIRED)

**NON-RESIDENTS: \$45/hour**

Due at the time of booking.

## Reservations

Go to [cityofmoore.com/fun](https://cityofmoore.com/fun) to access our ACTIVENet® portal to set up an account to rent a pavilion at one of the parks listed above. Then purchase and print your own reservation permit. You may also come by the The Station at Central Park to reserve a pavilion. You must be 18 or older to rent a pavilion. All park pavilion rentals will be a 2-hour minimum.

A close-up photograph of a child's hands painting a landscape on a canvas. The child is using a white paintbrush to apply black paint to a mountain range. The background of the painting shows a vibrant sunset with yellow, orange, and pink hues. The child's face is partially visible on the left side of the frame.

# Activities

Online Registration for activities:  
[cityofmoore.com/fun](http://cityofmoore.com/fun)

Passholders must preregister in person for free spots in classes.

## Eruption: A Volcano Experience

**WHEN:** May 2–23, July 6–27

**TIME:** 6–7 p.m.

**AGES:** 6–9

**COST:** \$30

**WHERE:** The Station Recreation Center

3...2...1... Come and join us as we countdown to Eruption week! This class is EXPLODING with excitement! You don't want to miss out as we make our very own volcanoes!

**Week 1:** Kids will make the base out of paper and tape

**Week 2:** Kids will make the structure out of paper and glue

**Week 3:** Kids will paint their volcanoes

**Week 4:** ERUPTION WEEK!

## DIY Kid Craft Robots

**WHEN:** June 6–27

**TIME:** 6–7 p.m.

**AGES:** 6–9

**COST:** \$30

**WHERE:** The Station Recreation Center

Come and tinker with us! In this fun filled class, kids will be able to make their own mini robots! Each week kids will be able to take home their projects and show it off!

## American Sign Language (ASL)

**WHEN:** July 3–August 21

**TIME:** 6–7 p.m.

**AGES:** 15+

**FEE:** Free

**WHERE:** The Station Recreation Center

**REGISTRATION:** May 1–July 2

Come learn sign language with us! In this exciting 8 week introductory class, participants will begin to learn the basics of sign language. By the end of the course, you will be able to sign simple phrases and increase your knowledge as you begin your exciting journey with American Sign Language!

### Balloon Twisting for Kids

**WHEN:** Aug. 15–Oct. 3

**TIME:** 6–7 p.m.

**AGES:** 10–14

**COST:** \$35

**WHERE:** Moore Community Center

Balloon twisting isn't just for people with red rubber noses anymore. Come and join us for some fun, in this all new class designed specifically for kids! Each day kids will learn new skills and take home fun balloon projects!

## TABLE TENNIS

Saturdays and Sundays 1–4:30 p.m.

\$10 per month

Moore Community Center

# Aquatics Classes

AT THE STATION



### Aquatic Fitness

**WHEN:** Mon–Thu, May 29–Aug. 9

**TIME:** 7–7:50 a.m. / 8–8:50 a.m.

**WHERE:** The Station Aquatic Center

**COST:** \$6–Moore Residents / \$10–Non-Residents / Free–Passholders



### Lap Swim

**WHEN:** Mon–Thu, May 29–Aug. 9

**TIME:** 5:30–6:50 a.m.

**WHERE:** The Station Aquatic Center

**COST:** \$6–Moore Residents / \$10–Non-Residents / Free–Passholders



### Toddler Takeover

**WHEN:** Mon–Thu, Sat May 29–Aug. 9

**TIME:** 10–11 a.m.

**WHERE:** The Station Aquatic Center  
*Baby Pool Only*

**WHO:** Toddlers and Caretakers

**COST:** \$2 per person



# Camps

Online Registration for camps:  
[cityofmoore.com/fun](http://cityofmoore.com/fun)

## June: Science Camp

**WHEN:** June 5–9

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$135

**WHERE:** The Station Recreation Center

This camp is specifically designed to engage children's attention to the wonders of science. Participants will learn about science in a hands-on environment while making new friendships along the way!

## June: Youth Art Camp

**WHEN:** June 5–9

**TIME:** 1–4 p.m.

**AGES:** 6–9

**COST:** \$95

**WHERE:** The Station Recreation Center

Come and join us for a week of fun as we explore our creative side! All week long we will be making art projects that allow us to be expressive and show how beautiful our artistic side can be!

## June: Magic Camp

**WHEN:** June 12–16

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$175

**WHERE:** The Station Recreation Center

Hurry and sign up for magic camp before all of the spots disappear! Campers will learn about cool magic tricks and illusions from a real magician!

## June: Extreme Animals Camp

**WHEN:** June 19–23

**TIME:** 1–4 p.m.

**AGES:** 6–12

**COST:** \$125

**WHERE:** The Station Recreation Center

Are you ready for an experience of a lifetime? If so, come and join us as we get up close and personal with Extreme Animals. Campers will get to hold and interact with a variety of different animals. Don't miss out on this opportunity!



### June: Balloon Twisting Camp

**WHEN:** June 26–30

**TIME:** 9 a.m.–Noon

**AGES:** 10–14

**COST:** \$95

**WHERE:** The Station Recreation Center

Have you ever saw a clown twist a balloon and thought to yourself, “I wish I could do that”? Well this is your chance! Balloon Twisting Camp is all about teaching kids how to twist balloons and learning a fun new skill! This all new camp is POPPING with excitement! Come and join us for the fun!

### July: Magic Camp

**WHEN:** July 10–14

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$175

**WHERE:** The Station Recreation Center

Hurry and sign up for magic camp before all of the spots disappear! Campers will learn about cool magic tricks and illusions from a real magician!

### July: Pre-Teen Painting Camp

**WHEN:** July 10–14

**TIME:** 1–4 p.m.

**AGES:** 10–12

**COST:** \$95

**WHERE:** The Station Recreation Center

Pre-teens will learn about the different types of art paint and the techniques in which it takes to create beautiful art projects. If you love to paint, this camp is for you!

### July: Science Camp

**WHEN:** July 17–21

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$135

**WHERE:** The Station Recreation Center

This camp is specifically designed to engage children’s attention to the wonders of science. Participants will learn about science in a hands-on environment while making new friendships along the way!

### July: Youth Art Camp

**WHEN:** July 24–28

**TIME:** 9 a.m.–Noon

**AGES:** 6–9

**COST:** \$95

**WHERE:** The Station Recreation Center

Come and join us for a week of fun as we explore our creative side! All week long we will be making art projects that allow us to be expressive and show how beautiful our artistic side can be!

### July: Extreme Animals Camp

**WHEN:** July 24–28

**TIME:** 1–4 p.m.

**AGES:** 6–12

**COST:** \$125

**WHERE:** The Station Recreation Center

Are you ready for an experience of a lifetime? If so, come and join us as we get up close and personal with Extreme Animals. Campers will get to hold and interact with a variety of different animals. Don’t miss out on this opportunity!

### August: Magic Camp

**WHEN:** July 31–Aug. 4

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$175

**WHERE:** The Station Recreation Center

Hurry and sign up for magic camp before all of the spots disappear! Campers will learn about cool magic tricks and illusions from a real magician!

# Sports Camps

## 3 Day Pickleball Camp

**WHEN:** May 31–June 2

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$60

**WHERE:** The Station Recreation Center

For any youth aged athlete wanting to learn how to play the newest trending sport of Pickleball while making friends and having fun.

## Summer Golf Camp

**WHEN:** June 5–9 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** Earlywine Park Golf Complex

FORE! any youth aged athlete who is looking to improve or build their golf skills, work hard, make new friends and have fun.

## Summer Tennis Camp

**WHEN:** June 5–9 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** Buck Thomas Tennis Courts

For any youth aged athlete who is looking to improve his or her skills, work hard, make new friends and have fun. In this camp, participants will learn the ins and outs of tennis! Trust me, you will “love” this camp.

## 5 Day Basketball Camp

**WHEN:** June 19–23

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** The Station Recreation Center

For any youth aged athlete who is looking to improve his or her skills, work hard, make new friends and have fun. In this camp, participants will learn a variety of basketball skills.

## 1 Day Basketball Offensive Camp

**WHEN:** July 10

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$25

**WHERE:** The Station Recreation Center

## 2 Day Basketball Skills Camp

**WHEN:** July 20–21

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$40

**WHERE:** The Station Recreation Center

## 3 Day Basketball Camp

**WHEN:** July 31–Aug. 2

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$60

**WHERE:** The Station Recreation Center

## Summer Soccer Camp

**WHEN:** June 12–16 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** Buck Thomas Fields

For any youth aged athlete who is looking to improve or build their golf skills, work hard, make new friends and have fun. In this camp, participants will learn a variety of soccer skills.

## Volleyball Camp

**WHEN:** June 12–16 & July 24–28 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** The Station Recreation Center

For any youth aged athlete who is looking to improve his or her skills, work hard, make new friends and have fun. In this camp, participants will learn a variety of volleyball skills.

## July Basketball Camp

**WHEN:** July 17–21 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** The Station Recreation Center

For any youth aged athlete who is looking to improve his or her skills, work hard, make new friends and have fun. In this camp, participants will learn a variety of basketball skills.

## July Volleyball Camp

**WHEN:** July 24–28 (5 Day Camp)

**TIME:** 9 a.m.–Noon

**AGES:** 6–12

**COST:** \$95

**WHERE:** The Station Recreation Center

For any youth aged athlete who is looking to improve his or her skills, work hard, make new friends and have fun. In this camp, participants will learn a variety of volleyball skills.



# Sports Leagues

Online Registration for sports leagues:  
[cityofmoore.com/fun](http://cityofmoore.com/fun)

## Adult Leagues

### Summer Men's Basketball League

**GAMES:** Monday nights starting June 5  
(Bye week on 7/3 due to Fourth of July  
League runs 7 weeks + Tournament

**TIME:** 6–10 p.m.

**FEE:** \$450 per team

**FOR:** Men, 18 years & older

**WHERE:** The Station Recreation Center

**REGISTRATION:** April 3–May 26

Register Online—Coach Registers Team

### Summer Co-Ed Adult Volleyball League

**GAMES:** Tuesday nights starting June 6  
(Bye week on 7/4 due to Fourth of July  
League runs 7 weeks + Tournament

**TIME:** 6–10 p.m.

**FEE:** \$300 per team

**FOR:** Adults, 18 years & older

**WHERE:** The Station Recreation Center

**REGISTRATION:** April 3–May 26

Register Online—Coach Registers Team

## Open Gym

### Open Volleyball

**TIME:** 6–8 p.m., Thursdays

**WHERE:** The Station Recreation Center

**AGES:** 15+

**FEE:** Daily Pass charge, Free for Passholders

One court will be set up for volleyball open play. No children under 15 will be allowed on the court.

### Pickleball

**TIME:** 9 a.m.–Noon, Wednesdays & Fridays

**WHERE:** The Station Recreation Center

**AGES:** 15+

**FEE:** \$15 per month/Free for Passholders



# Events

Online Registration for events:  
[cityofmoore.com/fun](http://cityofmoore.com/fun)

## Easter Egg Scramble

**WHEN:** Saturday, April 1

**TIME:** 10–11 a.m. (Scramble begins at 10:30 a.m.)

**COST:** Free

**WHERE:** Buck Thomas Park Football Fields

Bring your own basket and camera! Join us for this year's Easter Egg Scramble! Lots of eggs and candy!

## Skate Night at the Park

**WHEN:** April 15

**TIME:** 6–9 p.m.

**WHERE:** Central Park Amphitheater

**COST:** Free

Join us at Central Park for an open skate night around the park! No Bikes Allowed. Food Trucks, DJ (disco style), open to skaters of all abilities. No rentals available. Bring your own skates/skateboard.

## Spring 2023 Marketplace

**WHEN:** Saturday, April 29

**TIME:** 9 a.m.–3 p.m.

**COST:** Free

**WHERE:** Central Park Multipurpose Pavilion

**FOOD TRUCK:** Coits Food Truck

Over 40+ vendors selling handmade items, crafts, quilts, yard art, food, farm produce, direct sale products, and other types of crafts. In case of inclement weather, the Marketplace will be moved indoors to The Station Recreation Center.

## May The 4th Be With You

**WHEN:** May 4

**TIME:** 6–8 p.m.

**AGES:** All

**COST:** Free

**WHERE:** The Station Recreation Center

Meet your favorite character from that galaxy far away! Snap a selfie in this FREE meet-and-greet experience! Come you must!

### Food Truck Friday

**WHEN:** May 12, July 28, June 23, Aug. 11, Aug. 25, Sept. 8

**TIME:** 11 a.m.–2 p.m.

**WHERE:** Central Park Amphitheater

Join us for live music and food trucks in the park over your lunch break to kick off your weekend!

### Movie in the Park

**MOVIE:** ET (PG) 120 minutes

**WHEN:** May 12

**TIME:** 8:30–10:30 p.m.

**WHERE:** Central Park Amphitheater

**MOVIE:** Remember the Titans (PG) 114 minutes

**WHEN:** Aug. 4

**TIME:** 8:30–10:30 p.m.

**WHERE:** Parmele Park

**MOVIE:** Puss in Boots: The Last Wish (PG) 100 minutes

**WHEN:** Aug. 18

**TIME:** 8:30–10:30 p.m.

**WHERE:** Little River Park

Join us for a free movie in Central Park. Concession on site.



### City Employee and Passholder Swim Night

**WHEN:** Thursday, May 25

**TIME:** 6–8 p.m.

**WHERE:** The Station Aquatic Center

**COST:** Free for City Employees and Passholders

Come and enjoy a night in the pool before the Aquatics Center opens for the season.



### Party in the Park

**WHEN:** May 27

**TIME:** 9 a.m.–Noon

**AGES:** All

**COST:** Free

**WHERE:** Central Park

Come celebrate national Kids to Parks Day with us! There will be inflatables, yard games and free snow cones!

### Maker Mobile *(presented by The Pioneer Library System)*

**WHEN:** May 27

**TIME:** 9 a.m.–Noon

**AGES:** All

**COST:** Free

**WHERE:** Central Park

Come check out this workshop on wheels! The Maker Mobile brings S.T.E.A.M focused learning into our communities by utilizing technology to show how much fun learning can be! Some of the cool gadgets offered are 3D printing, laser cutting, S.T.E.A.M kits and so much more!

### Memorial Day Ceremony

**WHEN:** Monday, May 29

**TIME:** 10–11 a.m.

**WHERE:** Veterans Memorial Park

### Summer Beats & Eats

**WHEN:** June 2

**TIME:** 6–9 p.m.

**WHERE:** Central Park Amphitheater

Join us to kick off your summer with live music, food trucks, local breweries, lawn games and more!



### Kids Fishing Derby

**WHEN:** June 10  
**TIME:** 8–11 a.m.  
**AGES:** 15 and under  
**COST:** Free  
**WHERE:** Buck Thomas Pond

Check in and registration will begin at 7:30 a.m. Bring your own pole and bait. There will be a four fish limit per family. No culling. You catch it, you keep it! All ages under 15 are welcomed and encouraged. ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT. Pond will be stocked with catchable sized catfish.

### Dive-In Movie

**WHEN:** Saturday, June 10 – Free Willy (PG) 112 minutes  
 Saturday, July 15 – Raya and the Last Dragon  
**TIME:** 8:30 p.m.  
**COST:** \$5 per person  
**WHERE:** The Station Aquatic Center

Join us for a dive in movie at the pool plus concessions!

### Daddy Daughter Dance & Dive

**WHEN:** June 16  
**TIME:** 6–8 p.m.  
**WHERE:** Aquatics Center  
**COST:** \$10 pre-sale and \$15 the day of

Join us poolside for a date night for dads and their daughters! Snacks, swimming, dancing and more!

### Adult Swim Party

**WHEN:** Friday, June 23 & Friday, July 28  
**COST:** \$10 per person  
**TIME:** 7–10 p.m.  
**WHERE:** The Station Aquatic Center  
**AGES:** 21 years old and up

Adults only swim party. Enjoy food and drinks in the beer garden, ride the slides, layback and enjoy the lazy river, and party with the DJ.

### Celebration in the Heartland

**WHEN:** July 4  
**TIME:** 2–10 p.m.  
**WHERE:** Buck Thomas Park

Join us at Celebration in the Heartland for live music, local shopping, food trucks, inflatables, helicopter rides, and one of the biggest firework shows in the state! Fireworks start at 9:45pm

### Mom and Son Dance and Dive

**WHEN:** July 21  
**TIME:** 6–8 p.m.  
**WHERE:** Aquatics Center  
**COST:** \$10 pre-sale and \$15 the day of

Join us for the 2nd annual Mom & Son Dance and Dive poolside! Snacks, drinks, door prizes and more!



### Doggie Paddle

**WHEN:** Thursday, Sept. 7  
**TIME:** 6–8 p.m.  
**WHERE:** The Station Aquatic Center  
**COST:** \$10 per dog

### Friday Night Bites

**WHEN:** Sept. 15  
**TIME:** 6–9 p.m.  
**WHERE:** Central Park Pavilion

Join us for a free concert in the park, food trucks, local brewery, lawn games, inflatables and more!

# FITNESS PROGRAMS

## Fit as a Fiddle

**WHEN:** April 4–25

**TIME:** Tuesdays, 1–2 p.m.

**AGES:** 3–5

**FEE:** \$25 per month/5 Station Passholders per session no charge

**WHERE:** The Station Recreation Center Activity Room

**REGISTRATION:** By the first Tuesday of each month, 20 maximum

Toddlers will enjoy getting their exercise by running, jumping, tumbling on mats and dancing to favorite energetic songs.

## Fit Kids

**WHEN:** April 5–26, May 3–17

**TIME:** Wednesdays, 5–6 p.m.

**AGES:** 7–12

**FEE:** Passholders free; Non-passholder \$20

**WHERE:** The Station Recreation Center Activity Room

This 55-minute class is packed with entertaining music, foundational fitness moves, and fun games. Fit Kid will get your child moving and learning the importance of making healthy choices all while having fun! For ages 7 to 12 years. Parents are welcome to stay.



## Zumba Kids®

**WHEN:** Every Saturday

**TIME:** 10–11 a.m.

**AGES:** 7+

**FEE:** Passholders free; Non-passholder \$20

**WHERE:** The Station Activity Room

Perfect for our younger Zumba® fans! Kids 7+ years old get the chance to be active and jam out to their favorite music. Zumba Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun.



## Walk the Parks

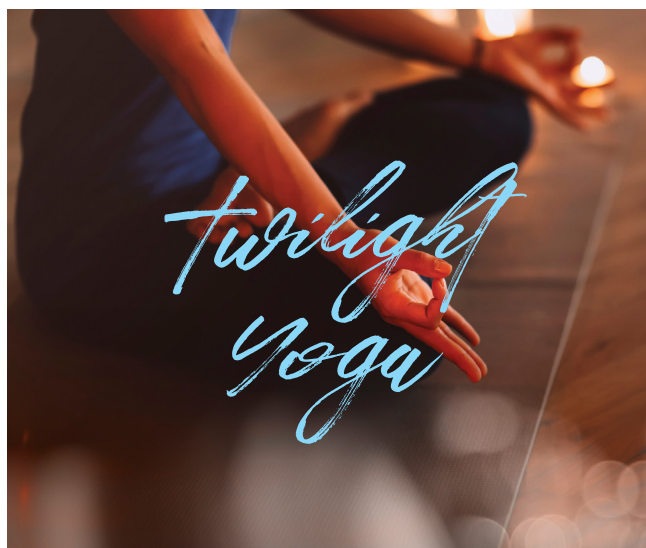
**WHEN:** Sept. 25–Nov. 20

**FEE:** Free registration

**WHERE:** Various City of Moore Parks

**REGISTRATION:** [cityofmoore.com/walktheparks](http://cityofmoore.com/walktheparks)

Walk the Parks is a physical activity-tracking program that encourages participants to practice healthy walking habits while exploring our exercise-friendly parks in the City of Moore. The goal of Walk the Parks is to promote health, wellness, and community by encouraging physical activity and highlighting free resources for all ages.



## Twilight Yoga

**WHEN:** Every Wednesday

**TIME:** 5:45–6:45 p.m.

**AGES:** 16+

**FEE:** Passholders free; Daily drop-in rate is \$6 per class (\$9 for Non-resident)

**WHERE:** The Station Group Exercise Room

Learn how to progress through a variety of slow flow Yoga movements to promote strength and balance. Twilight Yoga also provides great restorative meditation techniques for stress relief.

2023

# Senior Games

June - September



This program is for mature adults ages 50+ who like to stay in shape and love competition! Various tournaments will be offered June-September 2023. Age categories: 50-59, 60-69, 70+. Registration begins on Monday, May 1st and will close 1 week prior to each event. All participants must register at The Station Recreation Center, Brand Senior Center, or online at [cityofmoore.com/fun](http://cityofmoore.com/fun). Registration is free.

EVENTS	DAY/DATE/TIME	LOCATION
Cornhole .....	Thursday, June 22 @ 9:30 a.m. ....	The Station Recreation Center
Tennis.....	Thursday, June 29 @ 9 a.m.....	Buck Thomas Tennis Courts
Dominoes .....	Thursday, July 6 @ 9 a.m.....	Brand Senior Center
Pickleball.....	Tuesday, July 17 @ 9 a.m. ....	The Station Recreation Center
8-Ball Pool.....	Friday, July 21 @ 9 a.m. ....	Brand Senior Center
Pegs & Jokers (Cards).....	Wednesday, July 26 @ 12:30 p.m. ....	Brand Senior Center
Darts.....	Thursday, July 2 @ 10 a.m. ....	Brand Senior Center
Hand & Foot (Cards) .....	Friday, Aug. 4 @ 12:30 p.m. ....	Brand Senior Center
Horseshoes .....	Tuesday, Aug. 16 @ 9 a.m.....	Fairmoore Park
Fitness Challenge .....	Thursday, Aug. 29 @ 9 a.m.....	The Station Recreation Center
Board Games .....	Wednesday, Sept. 6 @ 12:30 p.m.....	Brand Senior Center
Table Tennis.....	Sunday, Sept. 10 @ 9 a.m.....	Moore Community Center
Basketball Hot Shot .....	Thursday, Sept. 21 @ 9 a.m.....	The Station Recreation Center

Please call The Station at 405-793-5090 or Brand Senior Center at 405-793-3130 for more information.



## LITTLE RIVER PARK SOUTH

801 SW 10TH ST | MOORE, OK

### Connect with us:

[cityofmoore.com/departments/parks-recreation](http://cityofmoore.com/departments/parks-recreation)



Moore Parks & Recreation  
700 S Broadway Ave  
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