



SUMMER SWIM LESSONS

The Station's swim lesson curriculum emphasizes proper swimming technique and water safety, all while having a blast at The Station. Swim lessons available are Parent/Child, Preschool 1 & 2, Youth Levels 1-4 and our highly sought out Private Lessons. Classes are 30 minutes.

TIME:

9-9:30 a.m. – Parent/Child, Preschool 1 & 2, Youth 1, Private
9:40-10:10 a.m. – Parent/Child, Preschool 2, Youth 2 & 3, Private
10:20-10:50 a.m. – Preschool 1 & 2, Youth 1 & 4, Private
11-11:30 a.m. – Preschool 1 & 2, Youth 2 & 3, Private

AGES:

6 months-14 years old

FEE:

Group Weekday \$40
Group Weekend \$30
Private/Semi-Private \$90 (Must register in person.)

WHERE: The Station Aquatic Center

REGISTRATION

Feb. 1-28 Passholders Only

March 1-TBD Open for Everyone

GROUP

MONDAY-THURSDAY (2 WEEKS):

Session 1 - June 5-15
Session 2 - June 19-29
Session 3 - July 3-13
Session 4 - July 17-27
Session 5 - July 31-Aug. 3 (**FAST TRACK - 1 WEEK**)

SATURDAYS ONLY:

June 3-24 / July 8-29

PRIVATE

MONDAY-THURSDAY (1 WEEK):

Session 1 - June 5-8
Session 2 - June 12-15
Session 3 - June 19-22
Session 4 - June 26-29
Session 5 - July 3-6
Session 6 - July 10-13
Session 7 - July 17-20
Session 8 - July 24-27
Session 9 - July 31-Aug. 3

TO REGISTER: cityofmoore.com/fun

For more information call Moore Parks & Recreation at **(405) 793-5090**.



SWIM LESSON

CLASS DESCRIPTIONS

PARENT & CHILD

AGES: 6 months–3 years

Parent guided swim lessons to help children feel comfortable, have fun, learn to ask for permission before entering the water, and how to enter and exit the water in a safe manner. Swimmers will explore submerging the mouth, nose, eyes, and gain experience wearing a U.S. Coast Guard-approved life jacket.

PRESCHOOL

AGES: 3–5 years

PRESCHOOL 1: Beginner-level class. Students will be introduced to basic water skills, water acclimation, safety skills and rules.

PRESCHOOL 2: Intermediate-level class. Students will build on basic water skills, safety skills and rules.

YOUTH

AGES: 6–14 years

LEVEL 1: Introduction to Water Skills: Students will learn how to feel comfortable in the water and safely enjoy it.

LEVEL 2: Fundamentals of Aquatic Skills: Children will learn basic swimming skills.

LEVEL 3: Stroke Development: Additional guided practice will help students improve their skills.

LEVEL 4: Stroke Improvement: Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills.

FAST TRACK

One week with smaller classes.

TO REGISTER: cityofmoore.com/fun

For more information call Moore Parks & Recreation at **(405) 793-5090**.

