

BRAND SENIOR CENTER

DECEMBER 2022



CLASSIC MOVIES

MONDAYS - 9 a.m.

December 5 - Coal Miner's Daughter

December 12 - Something's Got to Give

December 19 - Book Club

ACTIVITIES

STRETCH, STRENGTHEN & HEALTH

9:30 a.m., Tuesdays

FALL BEAN DINNER

10 a.m.-1 p.m., Saturday, December 10

FRESH COBBLER PROVIDED BY VILLAGE ON THE PARK

11:45 a.m., Wednesday, December 21

CHRISTMAS PARTY

12:15 p.m., Thursday, December 22

LIBRARY CHECK OUT

10 a.m., Tuesday, December 27



SPEAKERS & MUSIC

SPEAKER: LEZLEY BELL ON CAPTION CALL

11 a.m., Thursday, December 1

SPEAKER: OAK STREET HEALTH

11 a.m., Thursday, December 2

MCOA MONTHLY MEETING

10 a.m., Friday, December 2

COUNTRY MUSIC HOUSE SINGERS

10 a.m., Tuesday, December 6, 20

S.A.L.T. MEETING WITH KIM LOPEZ

10 a.m., Thursday, December 8

SPEAKER: TRACEY BENDA WITH DEPT. OF HOMELAND SECURITY

11 a.m., Thursday, December 8

SPEAKER: ROSE WITH GLOBAL HEALTH MEDICARE ADVANTAGE

11 a.m., Thursday, December 15



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

ARMCHAIR TRAVEL..... Wednesdays - 9 a.m.

ART CLASS Fridays - 9 a.m.

BINGO December 4, 18, 21 - 12:15 p.m.

CORNHOLE Thursdays - 12:30 p.m.

CHAIR YOGA Tues/Thurs - 10:15 a.m.

EXERCISE Mon/Wed/Fri - 10:15 a.m.

LINE DANCING Wednesdays - 1 p.m.

OPEN ART STUDIO Tuesdays - 8:30 a.m.

TABLE TENNIS Fridays - 2 p.m.

TAI CHI Tuesdays - 12:30 p.m.

WII BOWLING Tuesdays - 10 a.m.

WOODCARVING Wed-Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

