



**CLASSIC MOVIES
 MONDAYS - 9 a.m.**

- Oct 7** The Sting
- Oct 14** The Odd Couple
- Oct 21** Patton
- Oct 28** A Star is Born

ACTIVITIES

OCTOBER BIRTHDAYS
 11:00 a.m., Friday, October 4

FLU SHOTS W/ CLEV CO HEALTH DEPT
 9:00 a.m.-12:00 p.m., Wednesday, October 9

MCOA ANNUAL BEAN DINNER
 11:00 a.m.-2:00 p.m., Saturday, October 12

FRESH COBBLER
 11:45 a.m., Wednesday, October 16

MCOA BOARD MEETING
 9:45 a.m., Monday, October 28

**BLOOD PRESSURE CHECKS PROVIDED
 BY ASPIRE SPECIALTY HOSPITAL**
 12:00-1:00 p.m., Thursday, October 31

HALLOWEEN PARTY
 12:15 p.m., Thursday, October 31



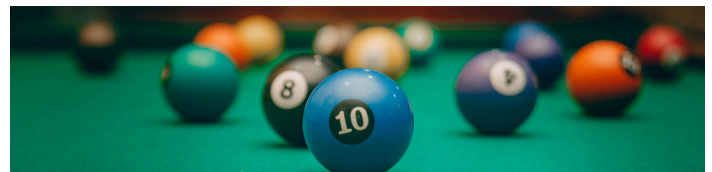
SPEAKERS & MUSIC

**SPEAKER: JEREMY W/ GLOBAL
 HEALTH- MEDICARE BENEFITS
 & ROOTBEER FLOATS**
 11:00 a.m., Thurs, October 3

**SPEAKER: FLORA W/CIGNA
 MEDICARE D**
 11:00 a.m., Thurs, October 10

**SPEAKER: CAROLYN SIMMS
 W/NATIONAL INDIAN COUNCIL
 ON AGING**
 11:00 a.m., Thurs, October 17

SPEAKER: NUTRITION TIPS
 11:00 a.m., Thurs, October 24



WEEKLY ACTIVITIES
QUILTING • POOL • TABLE GAMES

- AFTERNOON MOVIE**Wednesdays - 1 p.m.
- ARM CHAIR TRAVEL**Wednesdays - 9 a.m.
- BINGO**October 4, 11 & 21 -12:15 p.m.
- BOARD GAMES**Wednesdays - 12:30 p.m.
- CORNHOLE**Thursdays - 12:30 p.m.
- CHAIR YOGA**Tues/Thurs - 10:15 a.m.
- EXERCISE**Mon/Wed/Fri - 10:15 a.m.
- LIBRARY**Tuesday, October 8 & 22 - 10:00 a.m.
- OPEN ART STUDIO**Tues - 8:30a.m. Fri - 9:00 a.m.
- STRETCH, STRENGTHEN & HEALTH**Tuesdays - 9:30 a.m.
- TABLE TENNIS**.....Fridays - 2 p.m.
- WII BOWLING**.....Tuesdays - 10 a.m.
- WOODCARVING**Wed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130