

BRAND SENIOR CENTER

JANUARY 2023



CLASSIC MOVIES

MONDAYS - 9 a.m.
January 9 - Double Jeopardy
January 23 - 88 Minutes
January 30 - Snatch

ACTIVITIES

STRETCH, STRENGTHEN & HEALTH
9:30 a.m., Tuesdays

HEARING CHECKS WITH MIRACLE EAR
10 a.m.-1 p.m., Thursday, January 5

JEWELRY CLASS WITH RHONDA
12 p.m., Thursdays, January 12, 26

FRESH COBBLER PROVIDED BY VILLAGE ON THE PARK
11:45 a.m., Wednesday, January 18

BLOOD PRESSURE CHECKS WITH ACCENTRA
10 a.m., Thursday, January 26

LIBRARY CHECK OUT
10 a.m., Tuesday, January 24



SPEAKERS & MUSIC

COUNTRY MUSIC HOUSE SINGERS
10 a.m., Tuesday, January 3, 17

MCOA MONTHLY MEETING
10 a.m., Friday, January 6

KARAOKE
12:15 p.m., Mondays, January 9, 30

S.A.L.T. MEETING WITH KIM LOPEZ
10 a.m., Thursday, January 12

SPEAKER: JUDY REYES FROM RONALD MCDONALD HOUSE
11 a.m., Thursday, January 19



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

- ARMCHAIR TRAVEL**..... Wednesdays - 9 a.m.
- ART CLASS**..... Fridays - 9 a.m.
- BINGO**..... January 4, 18, 21 - 12:15 p.m.
- BOARD GAMES**..... Wednesdays - 12:30 p.m.
- CORNHOLE**..... Thursdays - 12:30 p.m.
- CHAIR YOGA**..... Tues/Thurs - 10:15 a.m.
- EXERCISE**..... Mon/Wed/Fri - 10:15 a.m.
- LINE DANCING**..... Wednesdays - 1 p.m.
- OPEN ART STUDIO**..... Tuesdays - 8:30 a.m.
- STRETCH, STRENGTHEN & HEALTH**..... Tuesdays - 9:30 a.m.
- TABLE TENNIS**..... Fridays - 2 p.m.
- WII BOWLING**..... Tuesdays - 10 a.m.
- WOODCARVING**..... Wed-Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

