

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 9:00 am - Open Art Studio* 10:15 am - Exercise 11:00 am - September Birthdays 12:15 pm - Bingo with Kristin - Oak Street Health 2:00 pm - Table Tennis
4 Closed- Labor Day	5 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10:00 am - Country Music House Singers 10:00 am - Wii Bowling 10:15 am - Chair Yoga	6 9:00 am - Armchair Travel 9:00 am - Woodcarving 10:15 am - Exercise 12:30 pm - Senior Games/ Board Games 1:00 pm - Afternoon Movie	7 9:00 am - Woodcarving 10:15 am - Chair Yoga 11:00 am - Speaker Elliott with Archwell Health 12:30 pm - Corn Hole	8 9 am - Open Art Studio* 10:15 am - Exercise 12:15 pm - Bingo with Terry 2:00 pm - Table Tennis
11 9:00 am - Classic Movie Just Like Heaven 10:15 am - Exercise 12:30 pm - Corn Hole No Lunch Service Today	12 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Library with Cheyenne 10 am - Wii Bowling 10:15 am - Chair Yoga	13 9:00 am - Armchair Travel 9:00 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games 1:00 pm - Afternoon Movie	14 9:00 am - Woodcarving 10:00 am - S.A.L.T. Meeting with Kim Lopez 10:15 am - Chair Yoga 12:30 pm - Corn Hole	15 9:00 am - Open Art Studio* 10:15 am - Exercise 2:00 pm - Table Tennis
18 9:00 am - Classic Movie King Kong 10:15 am - Exercise 12:15 pm - Bingo with Scott	19 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10:00 am - Country Music House Singers 10:00 am - Wii Bowling 10:15 am - Chair Yoga	20 9:00 am - Armchair Travel 9:00 am - Woodcarving 10:15 am - Exercise 11:45 am - Fresh Cobbler 12:30 pm - Board Games 1:00 pm - Afternoon Movie	21 9:00 am - Woodcarving 10:15 am - Chair Yoga 10:45 am Speaker Julie Dais Planning Checklist 12:30 pm - Corn Hole	22 9:00 am -Open Art Studio* 10:15 am - Exercise 2:00 pm - Table Tennis
25 9:00 am - Classic Movie Ghost Town 10:15 am - Exercise 12:30 pm - Corn Hole	26 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10:00 am - Library with AJ 10:00 am - Wii Bowling 10:15 am - Chair Yoga	27 9:00 am - Armchair Travel 9:00 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games 1:00 pm - Afternoon Movie	28 9:00 am - Woodcarving 10:15 am - Chair Yoga 12:30 pm - Corn Hole	29 9:00 am -Open Art Studio* 10:15 am - Exercise 2:00 pm - Table Tennis



*Limited space. Must sign up in office for this class or activity.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

