

BRAND SENIOR CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>9 am - Woodcarving 9 am - Lucid Hearing Screening 10:15 am - Chair Yoga 11 am - Speaker: Jeremy Gober from Oakwood Village 12:30 pm - Cornhole</p>	<p>2</p> <p>9 am - Open Art Studio* 10:15 am - Exercise 11 am - MCOA Monthly Meeting 12:15 pm - Bingo with Kristin from Oak Street Health 2 pm - Table Tennis</p>
<p>5</p> <p>9 am - Classic Movie The Greatest 10:15 am - Exercise 12:30 pm - Cornhole</p>	<p>6</p> <p>8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Wii Bowling 10 am - Country Music House Singers 10:15 am - Chair Yoga</p>	<p>7</p> <p>9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games 1 pm - Afternoon Movie</p>	<p>8</p> <p>9 am - Woodcarving 10 am - S.A.L.T. Meeting with Kim Lopez 10:15 am - Chair Yoga 12 pm - Jewelry and Crafts with Rhonda 12:30 pm - Cornhole</p>	<p>9</p> <p>9 am - Open Art Studio* 10:15 am - Exercise 12:15 pm - Bingo with Terry 2 pm - Table Tennis</p>
<p>12</p> <p>9 am - Classic Movie It Runs in the Family 10:15 am - Exercise 12:30 pm - Wii Bowling</p>	<p>13</p> <p>8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Wii Bowling 10:15 pm - Chair Yoga 12:30 pm - Cornhole</p>	<p>14</p> <p>9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games 1 pm - Afternoon Movie</p>	<p>15</p> <p>9 am - Woodcarving 10:15 am - Chair Yoga 11 am - Speaker: Andrea from Sharing Tree 12:30 pm - Cornhole</p>	<p>16</p> <p>9 am - Open Art Studio* 10:15 am - Exercise 12:15 pm - Father's Day Party 2 pm - Table Tennis</p>
<p>19</p> <p>9 am - Classic Movie Touching Home 10:15 am - Exercise 12:30 pm - Cornhole</p>	<p>20</p> <p>8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Country Music House Singers 10 am - Wii Bowling 10:15 am - Chair Yoga</p>	<p>21</p> <p>9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 11:45 am - Fresh Cobbler provided by Village on the Park 12:30 pm - Board Games 1 pm - Afternoon Movie</p>	<p>22</p> <p>9 am - Woodcarving 10 am - Blood Pressure Checks with Accentra 10:15 am - Chair Yoga 11 am - Speaker: LaRheta Okie Stompers 12:30 pm - Cornhole</p>	<p>23</p> <p>9 am - Open Art Studio* 10:15 am - Exercise 2 pm - Table Tennis</p>
<p>26</p> <p>9 am - Classic Movie They Shoot Horses Don't They? 10 am - MCOA Board Meeting 10:15 am - Exercise 12:15 pm - Bingo with Scott</p>	<p>27</p> <p>8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Library 10 am - Wii Bowling 10:15 am - Chair Yoga</p>	<p>28</p> <p>9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games 1 pm - Afternoon Movie</p>	<p>29</p> <p>9 am - Woodcarving 10:15 am - Chair Yoga 12 pm - Jewelry & Crafts with Rhonda 12:30 pm - Cornhole</p>	<p>30</p> <p>9 am - Open Art Studio* 10:15 am - Exercise 2 pm - Table Tennis</p>

*Limited space. Must sign up in office for this class or activity.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

