

City of Moore  
**BRAND SENIOR CENTER**

**FEB**  
**2024**

Moore Area Transportation Only Call 405-799-3130

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
|  |   |   | 1<br>9:00 Woodcarving<br>10:00-11:00 Blood Pressure Checks<br>10:15 Chair Yoga<br>12:30 Corn Hole                       | 2<br>9:00 Open Art Studio<br>10:15 Exercise<br>11:00 MCOA Meeting & February Birthday's<br>12:15 Bingo w/Flora<br>2:00 Table Tennis<br><b>Happy BIRTHDAY</b>                                    |
| 5<br>9:00 Classic Movie<br>"Miss Peregrines Home for Peculiar Kids"<br>10:15 Exercise                      | 6<br>8:30 Open Art Studio<br>9:30 Stretch, Strengthen & Health<br>10:00 Wii Bowling<br>10:15 Chair Yoga                               | 7<br>9:00 Arm Chair Travel<br>9:00 Woodcarving<br>10:15 Exercise<br>12:30 Board Games<br>1:00 Afternoon Movie   | 8<br>9:00 Woodcarving<br>9:00 Miracle Ear<br>10:00 S.A.L.T. Meeting w/ Kim Lopez<br>10:15 Chair Yoga<br>12:30 Corn Hole | 9<br>9:00 Open Art Studio<br>10:15 Exercise<br>12:15 Bingo w/ Terry<br>2:00 Table Tennis  |
| 12<br>9:00 Classic Movie<br>"An Affair to Remember"<br>10:15 Exercise                                      | 13<br>8:30 Open Art Studio<br>9:30 Stretch, Strengthen & Health<br>10:00 Library w/ Cheyenne<br>10:00 Wii Bowling<br>10:15 Chair Yoga | 14<br>9:00 Arm Chair Travel<br>9:00 Woodcarving<br>10:15 Exercise<br>12:15 Valentine's Day Party<br>1:00 Afternoon Movie<br> | 15<br>9:00 Woodcarving<br>10:15 Chair Yoga<br>11:00 Speaker Jeremy from Oakwood<br>12:30 Corn Hole                      | 16<br>9:00 Open Art Studio<br>10:15 Exercise<br>2:00 Table Tennis<br>6:00-8:00 Senior Sweetheart Dance<br> |
| 19<br><b>CLOSED</b><br> | 20<br>8:30 Open Art Studio<br>9:30 Stretch, Strengthen & Health<br>10:00 Wii Bowling<br>10:15 Chair Yoga                              | 21<br>9:00 Arm Chair Travel<br>9:00 Woodcarving<br>10:15 Exercise<br>11:45 Fresh Cobbler provided by Village on the Park<br>12:30 Board Games<br>1:00 Afternoon Movie   | 22<br>9:00 Woodcarving<br>10:15 Chair Yoga<br>11:00 Speaker from AMADA Senior Care<br>12:30 Corn Hole                   | 23<br>9:00 Open Art Studio<br>10:15 Exercise<br>2:00 Table Tennis   |
| 26<br>9:00 Classic Movie<br>"Roman Holiday"<br>10:15 Exercise<br>12:15 Bingo w/Scott                       | 27<br>8:30 Open Art Studio<br>9:30 Stretch, Strengthen & Health<br>10:00 Library w/AJ<br>10:00 Wii Bowling<br>10:15 Chair Yoga        | 28<br>9:00 Arm Chair Travel<br>9:00 Woodcarving<br>10:15 Exercise<br>12:30 Board Games<br>1:00 Afternoon Movie  | 29<br>9:00 Woodcarving<br>10:15 Chair Yoga<br>12:30 Corn Hole   |   |



**SIGN UP IN OFFICE**

501 East Main St. | 405-799-3130

