

BRAND SENIOR CENTER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9 am - Classic Movie Hunted 10:15 am - Exercise 12:30 pm - Karaoke 2 pm - Table Tennis	4 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Wii Bowling 10 am - Country Music House Singers 10:15 am - Chair Yoga	5 9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games	6 9 am - Woodcarving 9-11 am - Miracle Ear Hearing Screening 10:15 am - Chair Yoga 11 am - Speaker: Anita from DHS Medicare/Covid 12:15 pm - Easter Party 12:30 pm - Cornhole	7 9 am - Open Art Studio* 10:15 am - Exercise 11 am - MCOA General Meeting 12:15 pm - Bingo with Kristin from Oak Street Health 2 pm - Table Tennis
10 9 am - Classic Movie Traffic 10:15 am - Exercise 12:30 pm - Karaoke	11 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Wii Bowling 10:15 am - Chair Yoga	12 9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 10:30 am - Tom Cole 12:30 pm - Board Games	13 9 am - Woodcarving 10 am - S.A.L.T. Meeting with Kim Lopez 10:15 am - Chair Yoga 11 am - Speaker: Gayland Kitch - Weather Awareness 12 pm - Jewelry & Crafts with Rhonda 12:30 pm - Cornhole	14 9 am - Open Art Studio* 10:15 am - Exercise 12:15 pm - Bingo with Terry 2 pm - Table Tennis
17 9 am - Classic Movie Crash 10:15 am - Exercise 12:30 pm - Karaoke 2 pm - Table Tennis	18 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Wii Bowling 10 am - Country Music House Singers 10:15 am - Chair Yoga	19 9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 11:45 am - Fresh Cobbler provided by Village on the Park 12:30 pm - Board Games	20 9 am - Woodcarving 10:15 am - Chair Yoga 11 am - Speaker: Angela with Sharing Tree 12:30 pm - Cornhole	21 9 am - Open Art Studio* 10:15 am - Exercise 2 pm - Table Tennis
24 9 am - Classic Movie Changing Lanes 10 am - MCOA Board Meeting 10:15 am - Exercise 12:15 pm - Bingo with Scott 2 pm - Table Tennis	25 8:30 am - Open Art Studio* 9:30 am - Stretch, Strengthen & Health 10 am - Library 10 am - Wii Bowling 10:15 am - Chair Yoga	26 9 am - Armchair Travel 9 am - Woodcarving 10:15 am - Exercise 12:30 pm - Board Games	27 9 am - Woodcarving 10 am - Blood Pressure Checks with Accentra 10:15 am - Chair Yoga 11 am - Speaker: Linda Harrison with Medicare Information 12 pm - Jewelry & Crafts with Rhonda 12:30 pm - Cornhole	28 9 am - Open Art Studio* 10:15 am - Exercise 2 pm - Table Tennis



TRANSPORTATION
Moore Council on Aging (MCOA) Bus Service call 799-3130 in Moore Area



LUNCH PROGRAM
Inside dining
Reservations 793-9069

*Limited space. Must sign up in office for this class or activity.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

