City of Moore BRAND SENIOR CENTER



Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker Bradyn Robertson w/ Interim Healthcare 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 11:00 October Birthday's 12:15 Bingo w/Flora 2:00 Table Tennis Happy Birthday
9:00 Classic Movie "Cat Ballou" 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Arts & Crafts w/Dustin 10:00 Wii Sports	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:00 Speaker Amber Aging Services on Respite Caregiving 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker Tammy Lowing United Health Care 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/MCOA 2:00 Table Tennis
9:00 Classic Movie "A Fist Full of Dollars" 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Sports	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:00 Speaker John Koons OG&E Winter Prep 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker Jeff Aynes from Archwell Health 12:30 Corn Hole	9:00 Open Art Studio 9:00-11:00 Flu Shots Cleveland County Health Dept Mobile Unit 10:15 Exercise 12:15 Bingo w/Zak 2:00 Table Tennis
9:00 Classic Movie "Bullitt" 10:15 Exercise 12:15 Bingo w/Scott	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Sports	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker w/Legends at Rivendell 12:30 Corn Hole	9:00 Open Art Studio 11:00 Speaker Samantha Claude w/Aging Services on Social Services 10:15 Exercise 2:00 Table Tennis
9:00 Classic Movie 27 "A River Runs Through It" 9:45 MCOA Board Meeting 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Sports	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker Jeremy Bridges w/Global Health 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 12:15 Halloween Party 2:00 Table Tennis Halloween Party





