



CLASSIC MOVIES MONDAYS - 9 a.m.

August 4 Guns of Navaron
August 11 The Seven Year Itch
August 18 To Kill a Mockingbird
August 25 The Ghost & Mr.
Chicken

ACTIVITIES

AUGUST BIRTHDAYS
11:00 a.m., Friday, August 1

ARTS & CRAFTS w/DUSTIN
10:00 a.m., Tuesday, August 5

SENIOR GAMES: HAND & FOOT CARDS
12:30 p.m., Wednesday, August 6

SENIOR GAMES: 8 BALL POOL
9:00 a.m., Thursday, August 21

MCOA BOARD MEETING
9:45 a.m., Monday, August 25



SPEAKERS & MUSIC

**SPEAKER: APEX MEDICAL
SOLUTIONS**
11:00 a.m., Thursday, August 7

**SPEAKER: JEREMY w/GLOBAL
HEALTH**
11:00 a.m., Thursday, August 14

**SPEAKER: JESSICA w/VALIR
PLACE**
11:00 a.m., Thursday, August 21

**SPEAKER: JAMES GLASS
w/MOORE FUNERAL HOME**
11:00 a.m., Thursday, August 28



WEEKLY ACTIVITIES

QUILTING • POOL • TABLE GAMES

AFTERNOON MOVIEWednesdays - 1 p.m.
ARM CHAIR TRAVELWednesdays - 9 a.m.
BINGOAugust 1, 8, 14, & 18 -12:15 p.m.
BOARD GAMESWednesdays - 12:30 p.m.
CORNHOLEThursdays - 12:30 p.m.
EXERCISEMon/Wed/Fri - 10:15 a.m.
LIBRARYTuesday, August 12 & 26 - 10:00 a.m.
OPEN ART STUDIOTues - 8:30a.m. Fri - 9:00 a.m.
STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m.
TABLE TENNIS.....Fridays - 2 p.m.
WII BOWLING.....Tuesdays - 10 a.m.
WOODCARVINGWed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130