City of Moore BRAND SENIOR CENTER



Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	hello unshin			9:00 Open Art Studio 10:15 Exercise 11:00 August Birthday's 12:15 Bingo w/MCOA 2:00 Table Tennis
9:00 Classic Movie "Guns of Navaron" 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:00 Arts & Crafts w/Dustin	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Senior Games Hand & Foot Cards 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker APEX Medical Solutions 12:30 Corn Hole	9:00 Open Art Studio 8 10:15 Exercise 12:15 Bingo w/Flora 2:00 Table Tennis
9:00 Classic Movie "The Seven Year Itch" 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Bowling	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker Jeremy w/Global Health 12:15 Bingo w/Zak 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
9:00 Classic Movie "To Kill a Mockingbird" 10:15 Exercise 12:15 Bingo with Scott	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 9:00 Senior Games 8 Ball Pool 11:00 Speaker Jessica w/Valir Pace 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
9:00 Classic Movie "The Ghost & Mr. Chicken" 9:45 MCOA Board Meeting 10:15 Exercise	8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library 10:00 Wii Bowling	9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	9:00 Woodcarving 11:00 Speaker James Glass Moore Funeral Home 12:30 Corn Hole	9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis





