

# City of Moore BRAND SENIOR CENTER

**MAY**  
**2024**

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	<b>2</b> 9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Ten Signs of Alzheimer's 12:30 Corn Hole	<b>3</b> 9:00 Open Art Studio 10:15 Exercise 11:10 May Birthday's 12:15 Bingo w/Flora 2:00 Table Tennis <b>HAPPY Birthday TO YOU</b>
<b>6</b> 9:00 Classic Movie "The Comancheros" 10:15 Exercise	<b>7</b> 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	<b>8</b> 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	<b>9</b> 9:00 Woodcarving 10:00 S.A.L.T. meeting w/Kim Lopez 10:15 Chair Yoga 11:00 Speaker Jeremy Bridges from Global Health 12:30 Corn Hole	<b>10</b> 9:00 Open Art Studio 10:15 Exercise 12:15 Mother's Day Party 2:00 Table Tennis <b>HAPPY Mother's Day</b>
<b>13</b> 9:00 Classic Movie "Crazy Heart" 10:15 Exercise	<b>14</b> 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/Cheyenne 10:00 Wii Bowling 10:15 Chair Yoga	<b>15</b> 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie	<b>16</b> 9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker SSM Health 12:30 Corn Hole	<b>17</b> 9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/Terry 2:00 Table Tennis
<b>20</b> 9:00 Classic Movie "Gravity" 10:00 MCOA Board Meeting 10:15 Exercise 12:15 Bingo w/Scott	<b>21</b> 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	<b>22</b> 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	<b>23</b> 9:00 Woodcarving 10:15 Chair Yoga 11:00 Nutrition w/ Linda Echol 12:30 Corn Hole	<b>24</b> 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
<b>CLOSED 27</b> 	<b>28</b> 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/AJ 10:00 Wii Bowling 10:15 Chair Yoga	<b>29</b> 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	<b>30</b> 9:00 Woodcarving 10:15 Chair Yoga 10:30-11:30 BP Checks provided by Aspire Specialty Hospital 12:30 Corn Hole	<b>31</b> 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis



## SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

