



## CLASSIC MOVIES

### MONDAYS - 9 a.m.

May 6	The Comancheros
May 13	Crazy Heart
May 20	Gravity
May 27	Closed for Memorial Day

## ACTIVITIES

### MAY BIRTHDAYS

11:00 a.m., Friday, May 3

### S.A.L.T. MEETING W/KIM LOPEZ

10:00 a.m., Thursday, May 9

### MOTHER'S DAY PARTY

12:15 p.m., Friday May 10

### FRESH COBBLER

11:45 a.m., Wednesday, May 15

### MCOA BOARD MEETING

10:00 a.m., Monday, May 20

### BLOOD PRESSURE CHECKS PROVIDED BY INSPIRE SPECIALTY HOSPITAL

10:30-11:30 a.m., Thursday, May 30



## SPEAKERS & MUSIC

### SPEAKER: TEN SIGNS OF ALZHEIMER'S

10:30 a.m., Thursday, May 2

### SPEAKER: JEREMY BRIDGES FROM GLOBAL HEALTH

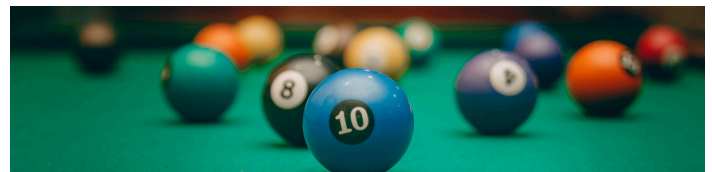
11:00 a.m., Thursday, May 9

### SPEAKER: SSM HEALTH

11:00 a.m., Thursday, May 16

### SPEAKER: LINDA ECHOL; NUTRITION

11:00 a.m., Thursday, May 23



## WEEKLY ACTIVITIES

### QUILTING • POOL • TABLE GAMES

AFTERNOON MOVIE	Wednesdays - 1 p.m.
ARM CHAIR TRAVEL	Wednesdays - 9 a.m.
BINGO	May 3, 17, & 20 - 12:15 p.m.
BOARD GAMES	Wednesdays - 12:30 p.m.
CORNHOLE	Thursdays - 12:30 p.m.
CHAIR YOGA	Tues/Thurs - 10:15 a.m.
EXERCISE	Mon/Wed/Fri - 10:15 a.m.
LIBRARY	Tuesday, May 14 & 28 - 10:00 a.m.
OPEN ART STUDIO	Tues - 8:30a.m. Fri - 9:00 a.m.
STRETCH, STRENGTHEN & HEALTH	Tuesdays - 9:30 a.m.
TABLE TENNIS	Fridays - 2 p.m.
WII BOWLING	Tuesdays - 10 a.m.
WOODCARVING	Wed & Thurs - 9 a.m.

**SIGN UP IN OFFICE**

501 East Main St. | 405-799-3130