

City of Moore
BRAND SENIOR CENTER

APRIL
2024

Moore Area Transportation Only Call 405-799-3130

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 Classic Movie "Sully" 10:15 Exercise	2 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	3 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	4 9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Vickie Aging Services Program 12:30 Corn Hole	5 9:00 Open Art Studio 10:15 Exercise April Birthday's 12:15 Bingo w/Jeremy from Global Health 2:00 Table Tennis 
8 9:00 Classic Movie "Elizabeth" 10:15 Exercise	9 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/Cheyenne 10:00 Wii Bowling 10:15 Chair Yoga	10 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	11 9:00 Woodcarving 10:00 S.A.L.T. meeting w/Kim Lopez 10:15 Chair Yoga 11:00 Speaker Elliott w/Archwell Health 12:30 Corn Hole	12 9:00 Open Art Studio 10:15 Exercise 12:15 Bingo w/Terry 2:00 Table Tennis
15 9:00 Classic Movie "Absolute Zero" 10:15 Exercise 12:15 Bingo w/Scott	16 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga	17 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 11:45 Fresh Cobbler 12:30 Board Games 1:00 Afternoon Movie	18 9:00 Woodcarving 10:15 Chair Yoga 11:00 Speaker Carolyn from Oak Street Health 11:45 Carolyn from Oak Street Health Impossible Dreams 12:30 Corn Hole	19 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
22 9:00 Classic Movie "Lucas" 10:15 Exercise	23 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Library w/AJ 10:00 Wii Bowling 10:15 Chair Yoga	24 9:00 Arm Chair Travel 9:00 Woodcarving 10:15 Exercise 12:30 Board Games 1:00 Afternoon Movie	25 9:00 Woodcarving 10:15 Chair Yoga 10:30-11:30 BP Checks w/Inspire Specialty Hospital 11:00 Speaker Jeremy Global Health 12:30 Corn Hole	26 9:00 Open Art Studio 10:15 Exercise 2:00 Table Tennis
29 9:00 Classic Movie "Field of Dreams" 10:15 Exercise	30 8:30 Open Art Studio 9:30 Stretch, Strengthen & Health 10:00 Wii Bowling 10:15 Chair Yoga			



SIGN UP IN OFFICE

501 East Main St. | 405-799-3130

